

The Role of Pre-Admission Screening and Resident Review in Informed Choice (PASRR)

PASRR informed choice process should include re-connecting individuals to community networks - this can be a milestone for stabilization services. This should include a decision based on choice, which requires the decision to be voluntary and that the individual has the capacity for choice, which rests on 3 elements:

- Possession of a set of values
- Ability to understand information and communicate decisions
- Ability to reason and deliberate

Source: *Informed Choice: The Role of PASRR*, PTAC webinar, November 2019

The Role of PASRR

Diversion

100% avoidance of NF placement when alternatives exist

Transition

Shortened length of stay resulting from awareness of HCBS alternatives

Timely transition through engagement in services and supports that mirror existing HCBS services in a community setting

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The Olmstead Supreme Court Decision in a Nutshell

(<https://www.olmsteadrights.org/about-olmstead/>)

Olmstead, or Olmstead v. LC, is the name of the most important civil rights decision for people with disabilities in our country's history. This 1999 United States Supreme Court decision was based on the Americans with Disabilities Act. The Supreme Court held that people with disabilities have a qualified right to receive state funded supports and services in the community rather than institutions when the following three-part test is met:

1. The person's treatment professionals determine that community supports are appropriate
2. The person does not object to living in the community
3. The provision of services in the community would be a reasonable accommodation when balanced with other similarly situated individuals with disabilities

Informed Choice and Specialized Services in Kansas



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Informed Choice and Specialized Services in Kansas

Informed Choice:

- Is a voluntary, well-thought-out decision that an individual makes based on individualized information and an understanding of all available options
- Involves more than one meaningful option for care
- Allows exploration and discovery
- Creates necessary Person-Centered plans to support individuals in achieving their goals

State General Funds supported Specialized Services:

- Are individualized and part of the person-centered plan for each NFMH resident
- Mental health services are the primary focus of the initial list of services
- Intellectual or developmental disability (ID/DD) or substance use disorder (SUD) can be included in the specialized services

Components of an Informed Choice Process

1. Individualized information and education about community options
2. Direct observation, visits, and engagement with community options
3. Peer-to-peer, family-to-family, and other programs that facilitate choice
4. Service coordination/case management that regularly engage with individuals, develop trusted relationships, and provide ongoing opportunities to discuss and explore community options
5. Focused efforts to address barriers, fears, and concerns with community options
6. Accommodations to cognitive impairments or challenges in choice-making
7. Accommodations to lack of experience with choice-making and the vestiges of institutionalization
8. Assisting in applying for community programs (waivers, vocational rehabilitation) and obtaining integrated services whenever the individual has an interest in exploring community options
9. Individualized assessments and service plan that identifies the supports needed to transition to the community
10. Alternatives to guardianship and designated representatives that support individuals in making informed choices

Source: Steven J. Swartz Attorney at Center for Public Representation

Specialized Services

List of specialized services options by category:

- Intensive case management
- Community integration day services
 - ◆ Independent Skills Training and Education
 - ◆ Peer Support
 - ◆ Community Outings (visit potential group homes or other supported housing, potential employers, potential community-based services, etc.)
- Vocational and supported employment service
 - ◆ Pre-vocational services
 - ◆ Supported Employment
 - ◆ Assistive Services
- Other rehabilitative services
 - ◆ Personal Care/Assistance Services
 - ◆ Community Psychiatric Support and Treatment
 - ◆ Pharmacological Management, Training, and Support
 - ◆ Rehabilitative Services
- Behavior support services
 - ◆ Peer Support Group
 - ◆ Crisis Intervention
- Therapy services
 - ◆ Individual
 - ◆ Family
 - ◆ Group