



# Voices of Wellness

*The Kansas System of Care Newsletter*

Issue 2: October 2018

# Welcome!

Here, in your hands or on your screen, is the second issue of the Kansas System of Care newsletter "Voices of Wellness."

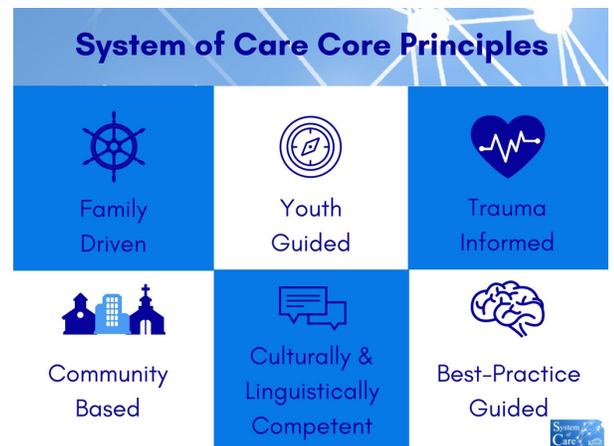
This newsletter is here to showcase the work being done in Kansas, the needs still to be met, and the voices of those with lived experience. Our next issue, releasing in Spring 2019, needs YOU. What stories do you want to read? What experiences do you want elevated?

Your voice inspires change and lets others know they are not alone in their experiences. This newsletter is an opportunity for you to speak loudly about the things that matter to you. If you'd like to be part of developing future newsletters, please contact Kaela to get started (email: [kaela.moore@wichita.edu](mailto:kaela.moore@wichita.edu), call/text: 316-358-1518).

Thank you for all you do.

Sincerely,

Kelsee Torrez  
Kansas System of Care Project Director



# Research Through a Transition-Age Lens

My name is Jake and my role in the System of Care is to work with and learn from the research team at Wichita State University. I am 18 years old and attend Johnson County Community College. I am have a family member with a behavioral health diagnosis.

My goal is to help others see research from the eyes of a teen and to bring a voice to the research in this project. I look forward to this journey of living, learning, growing, and advocating for programs and services that will help us to improve the lives of persons with behavioral health issues and their families.

## Community Partner Updates

### South Central Mental Health Counseling Center

South Central Mental Health (SCMH) hosted a community wide Back to School event through collaborations with area schools in need of learning opportunities for parents to develop transition skills in getting youth back to school as a structured process. School supplies were distributed as incentives to attend these training opportunities and to those qualifying as in demographic and leadership development needs.

SCMH attended several back to school parents' nights and students' assemblies and provided information about mental health programs to youth, school staff and parents alike. Additionally, SCMh coordinated with the Child Advocacy Center in implementation of Electronic Safety in the schools, assisted them in meeting with the school, setting up piloting groups, and potentially helping facilitate the groups.



## Advisory Council

Changing behavioral healthcare in Kansas starts here.



- amplify your voice and the voices of others
- create and enhance statewide policies and practices
- support the infrastructure for the development, implementation, sustainability, and expansion of the Kansas System of Care

Kansas System of Care

## Local Advisory Councils

Changing mental healthcare in your community starts here.



- join local, site specific System of Care efforts
- create and enhance local policies and practices
- impact the well-being of community members
- provide updates on progress, barriers, and efforts to overcome barriers to the SOC State Advisory Council

For more information or to be part of the Kansas System of Care Advisory Council, email [KDADS.systemofcare@ks.gov](mailto:KDADS.systemofcare@ks.gov) Call/Text: 316-358-1518



# Kansas System of Care Committees



You can make a difference!



## Social Marketing Committee

Join this committee if you...

- want to help develop and implement new ways to talk about mental healthcare in Kansas
- want to influence policies and practices through communication
- like to create
- like to brainstorm new ideas



## Training & Workforce Development Committee

Join this committee if you...

- are passionate about helping people succeed
- like to ensure that others have the right tools for their job
- enjoy seeing people grow and learn new skills
- like to organize and create



## Culture & Linguistic Competency Committee

Join this committee if you...

- are passionate about improving access to care for underserved populations
- have ideas on how to engage diverse communities
- want to see improved strategies for elevating the voice and experience of underserved populations



## Discovery for Success Committee

Join this committee if you...

- want to help find new solutions to improve mental healthcare in Kansas
- are excited about identifying needs and discovering new ways to meet them
- feel strongly about expanding the availability and quality of care for Kansas youth and families



[facebook.com/KSSystemofCare/](https://facebook.com/KSSystemofCare/)

For more information or to be part of one of these committees, email [KDADS.systemofcare@ks.gov](mailto:KDADS.systemofcare@ks.gov) Call/Text: 316-358-1518



# Contact Us

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## System of Care Online



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