

Governor's Behavioral Health Services Planning Council

Problem Gambling Sub-Committee

September 21, 2022



Problem Gambling Sub-Committee Charter

The Purpose

To evaluate data and other research to guide policy directed toward reducing problem gambling/gaming and the impact on individual and community health.



The Guiding Principles of the Problem Gambling Sub-Committee

Vision: All Kansans will be free from the impact of problem gambling.

Mission: The public health of Kansans will be supported through a comprehensive system of services to address problem gambling and the co-occurrence with other addictions.


The Values

- Adhere to the legislative intent of the PGOAF to ensure problem gambling programs receive adequate allocations to address prevention, treatment, research and evaluation.
- Create a system of care that is customer/community centered, outcome driven and comprised of a highly competent workforce focused on best practices.
- Develop and implement research-based prevention and treatment strategies that address problem gambling and the co-occurrence with other addictions.
- Reduce the impact of problem gambling by providing resources that uphold prevention, treatment and service efficacy.
- Infuse problem gambling language into all behavioral health programs and services.



The Vision for Problem Gambling Services in Kansas

- Prevention
- Public Awareness
- Workforce Development
- Treatment
- Crisis Intervention and Helpline Services
- Research and Evaluation



Problem gambling is a preventable and treatable public health issue.

Problem gambling is a persistent and recurrent problematic gambling behavior leading to clinically significant impairment or distress, as indicated by the individual exhibiting four or more of the following in a 12-month period referencing the DSM 5 Diagnostic Criteria for Gambling Disorder:

1. Needs to gamble with increasing amounts of money in order to achieve the desired effect.
2. Is restless or irritable when attempting to cut down or stop gambling.
3. Has made repeated unsuccessful efforts to control gambling.
4. Is often preoccupied with gambling.
5. Often gambles when feeling distressed.
6. After losing money, returns another day to get even (chasing losses).
7. Lies to conceal the extent of involvement with gambling.
8. Has jeopardized or lost a significant relationship, job or educational or career opportunity.
9. Relies on others to provide money to mitigate financial situations caused by gambling.



Legalized Gambling in Kansas

- 1987 – Kansas Lottery was launched
- Late 1990's – 4 Tribal Casinos opened in NE Kansas
- 2007 – Kansas Expanded Lottery Act (KELA)
- 2008 – Tribal Casino opened in KC
- 2009-2017 – 4 State-owned destination casinos opened
- 2020 – Tribal Casino opened in Park City
- 2022 – Kansas became the 36th state to legalize Sports Betting*

*(in the 4 state-owned casinos)

Prevalence Rates in Kansas*

- 60,217 problem gamblers (2.7% of the adult population are at high risk of developing a gambling disorder)
- 25,425 pathological gamblers (1.14% of the adult population)

* (2017 Kansas Gambling Survey, Greenbush/Learning Tree Institute. Rate based on 2021 census adjustment.)



Historical Perspective

- Kansas Expanded Lottery Act (KELA)
- Problem Gambling and Other Addictions Fund (PGOAF)
- K.S.A. 79-4805
 - 2% of Lottery Gaming Facility net revenues is to be paid to the PGOAF

Legal Sports Betting in Kansas

- Sports Betting is legal in 36 states and Washington D. C.
- Kansas signed sports betting legislation May 2022, to become legal July 1, 2022 (SB 84)
- Since the launch on September 1, 6.7% of Kansas adults have signed up for a sportsbook app username (approx. 140,000 Kansans)

Sports Betting Legislation – Revenue Distribution

Sports Wagering Receipts Fund

Any revenue generated from sports wagering less any voided wagers, federal excise tax, promotional credits, and amounts paid as prizes. This fund is separate from the casino games revenue.

From this fund, revenue will be distributed accordingly starting July 1, 2023:

- **White Collar Crime Fund** (for investigations and prosecuting)
 - On or after July 1 each year, the first \$750,000 will be credited to this fund
- **Attracting Professional Sports to Kansas Fund**
 - On or after July 1 each year, 80% of the remaining revenue will be credited to this fund
- **Problem Gambling and Addictions Grant Fund**
 - On or after July 1 each year, **2% of the remaining revenue** will be credited to this fund
 - **To fund a helpline with text messaging and chat capabilities**
 - **For the treatment, research, education, or prevention of pathological gambling; and**
 - Treatment for alcoholism, drug abuse, and other addictive or co-occurring behavioral health disorders

This legislation requires **funds in this PGAF to be used for the purposes specified above** before being used to treat alcoholism, drug abuse and other addictive behaviors, and other co-occurring BH disorders.

The National View of Legal Sports Betting

- Sports Betting is legal in 36 states plus Washington D.C.
- 46.6 million American adults will wager on the 2022 NFL season
- 23 million will place a bet online this season (up 18% from 2021)
- 10.6 million will place a bet in person (up 2% from 2021)
- Bookie usage is 50% higher in states without legal sports betting
- Super Bowl LVII will be set in Arizona – the first Super Bowl to be played in a legal sports betting jurisdiction

(American Gaming Association, 2022)¹²

GAMBLING DISORDERS

GOVERNOR'S BEHAVIORAL HEALTH SERVICES PLANNING COUNCIL PROBLEM GAMBLING SUB-COMMITTEE

Did You Know that the DSM - 5 moved Gambling Disorder to Substance-Related and Addictive Disorders and classified it as a Non-Substance Related Disorder?

WHY?
Scientifically Substance Use Disorder and Problem Gambling Disorder are similar in nature even according to brain imaging!

According to the ICD-11, Gambling disorder is characterized as a pattern of persistent or recurring gambling behavior, which may be online (i.e., internet) or offline, manifested by:

- Impaired control over gambling (e.g., onset, frequency, intensity, duration, termination, context);
- Increasing priority given to gambling to the extent that gambling takes precedence over other life interests and daily activities; and
- Continuation or escalation of gambling despite the occurrence of negative consequences.

RISK FACTORS INCLUDE:

- Mental
- Genetic
- Environmental
- Gender
- Substance Use Disorder
- Antisocial Behavior and/or Delinquency
- Mood Disorders
- Family Issues
- Low Knowledge Background
- Insufficient Income
- Marginal Company
- Internet Addiction

Problem Gambling and Suicide: Statistics have determined . . .

17% of problem gamblers and 18% of those with a Gambling Disorder attempt suicide.

Did you know? Kansas death data does not track gambling-related suicide.

Did You Know?

Gambling disorder is a treatable addiction/disease and people do recover.

WHY?

Scientifically Substance Use Disorder and Problem Gambling Disorder are similar in nature even according to brain imaging!

According to the ICD-11, Gambling disorder is characterized as a pattern of persistent or recurring gambling behavior, which may be online (i.e., internet) or offline, manifested by:

- Impaired control over gambling (e.g., onset, frequency, intensity, duration, termination, context);
- Increasing priority given to gambling to the extent that gambling takes precedence over other life interests and daily activities; and
- Continuation or escalation of gambling despite the occurrence of negative consequences.

RISK FACTORS INCLUDE:

- Mental
- Genetic
- Environmental
- Gender
- Substance Use Disorder
- Antisocial Behavior and/or Delinquency
- Mood Disorders
- Family Issues
- Low Knowledge Background
- Insufficient Income
- Marginal Company
- Internet Addiction

Problem Gambling and Suicide: Statistics have determined . . .

17% of problem gamblers and 18% of those with a Gambling Disorder attempt suicide.

Did you know? Kansas death data does not track gambling-related suicide.

Take A Break Campaign

- Set limits on how long you play
- Engage in other activities
- Connect with others

• Are you sitting for hours at your gaming device?

• Are your parents concerned about you?

TAKE A BREAK

• Shoot some hoops

• Hop on a skateboard

• Ride your bike

• Surprise your parents by completing a chore!

• Gaming can be Fun & Challenging

• But don't let it suck up your whole life!

• Set limits on how long you play

• Experience other activities

• Connect in-person with friends

• Keep the fun in the game by limiting the amount of time you play.

• Your game may actually improve

When you TAKE A BREAK!

If you feel you can't stop, call:

1-800-522-4700

Ask to be referred to a gaming counselor

Sponsored by: SCKPGTF and KDADS

Problem Gambling and the Military

Why?

Problem gambling among service members is twice that of the civilian population in the U.S.

- POCs with the Army and Airforce
- Raise Awareness, Educate, Provide Resources
- Collaborate and Encourage KCGC Training



Need Help? Have Questions?

Gambling problem?

Getting Help is your **Best Bet.**

800.522.4700 ksgamblinghelp.com

or

1-800-GAMBLER

