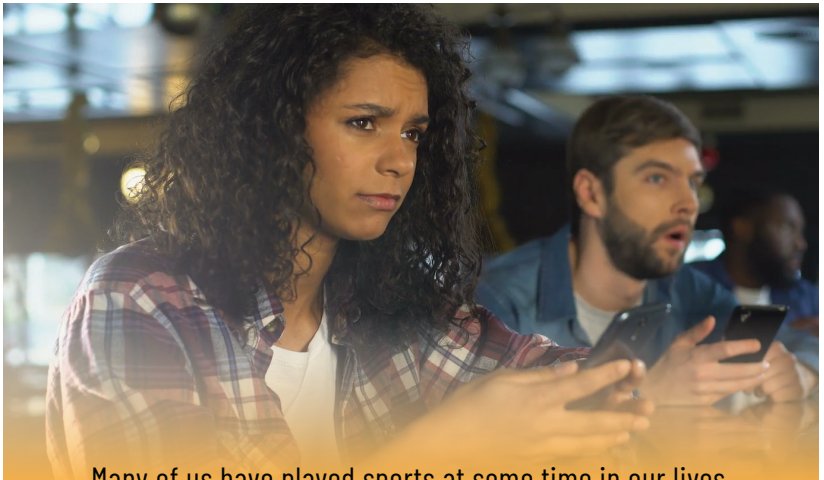


SPORTS ENTHUSIASTS

KNOW WHEN

THE **GAME** IS  
**PLAYING**  
**You**™



Many of us have played sports at some time in our lives. Many more of us watch sports and enthusiastically follow our favorite teams. We might even bet on sports. The most important play gamblers can make is knowing when enough is enough.

If you choose to gamble, do so responsibly. Understand the risks involved, don't chase your losses, and never gamble under pressure. Keep things fun. And always make the play to get help if you have a problem.

**1-800  
GAMBLER**  
HELP FOR  
PROBLEM  
GAMBLING

*AD ASTRA PER ASPERA*  
**Kansas**  
Department for Aging  
and Disability Services



# KNOW WHEN

THE **GAME** IS  
**PLAYING**  
**You**



## WARNING SIGNS

*Here are warning signs of problem sports gambling to help you make better choices:*

- ▶ A preoccupation with sports gambling
- ▶ You talk only about wins, not losses
- ▶ Betting on sports is a way to escape from problems
- ▶ Hiding losses from family members
- ▶ Borrowing money in order to bet on sports or fantasy leagues
- ▶ Withdrawing from family and friends to place sports bets or constantly checking on bets
- ▶ Stopping or cutting back seems impossible

Having a problem with gambling can affect your life, your work, and your relationships with family and friends.

**All Kansas residents can receive confidential treatment at no out-of-pocket cost to you.**

If you think you have a problem with gambling, call 1-800-GAMBLER now and receive the help you need.

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