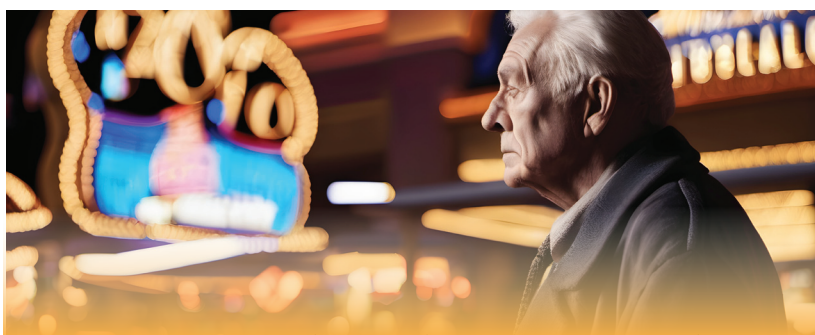


OLDER KANSANS

KNOW WHEN THE GAME IS PLAYING You™



One of the fastest growing populations to gamble as a recreational and social activity is older adults. Like any other group, older adults face the same potential harms - financial, social, familial, even self-harm - as their younger counterparts when gambling becomes a problem. Know when enough is enough.

Know your limits! If you answer "yes" to any of these questions, you could be at risk of losing much more than you bet on.

- ▶ *Have you ever tried to stop, cut down, or control your gambling?*
- ▶ *Have you ever lied to family members, friends, or others about how much you gamble or how much money you've lost?*
- ▶ *Have there been periods lasting 2 weeks or longer when you spent a lot of time thinking about your gambling experiences, or planning out future gambling trips or bets?*

**1-800
GAMBLER**
HELP FOR
PROBLEM
GAMBLING

Kansas
Department for Aging
and Disability Services



KNOW WHEN THE GAME IS PLAYING You™



Problem gambling can ruin relationships with family and friends and can ruin the fun and entertainment. However, people do recover from problem gambling. **All Kansas residents can receive treatment at no out-of-pocket costs to you or your family.** The help you receive is confidential and is the first step to turn things around. Know when enough is enough.

If you think you have a problem with gambling, call 1-800-GAMBLER now and receive the help you need.

**1-800
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HELP FOR
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GAMBLING

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Kansas
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