

START A CONVERSATION

KNOW WHEN

THE GAME IS
PLAYING
You™



Many people think that a gambling addiction only affects one person. That's simply not true. Family, friends, and co-workers can be caught up in the negative side of someone else's addiction.

It's estimated that 1 in 7 Kansans are negatively affected by the gambling of a friend or family member. It's important to understand the telltale signs of problem gambling and how it can affect you physically, emotionally, and financially.

1-800
GAMBLER
HELP FOR
PROBLEM
GAMBLING

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Kansas
Department for Aging
and Disability Services



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Here are warning signs of problem gambling.

- ▶ Is the person in question often away from home for long, unexplained periods of time?
- ▶ Do you feel that this person cannot be trusted with money?
- ▶ Does the person in question faithfully promise that he or she will stop gambling; beg, plead for another chance, yet gamble again and again?
- ▶ Does this person immediately return to gambling to try to recover losses, or to win more?
- ▶ Does this person ever gamble to get money to solve financial difficulties or have unrealistic expectations that gambling will bring the family material comfort and wealth?
- ▶ Does this person borrow money to gamble with or to pay gambling debts?
- ▶ Have you come to the point of hiding money needed for living expenses knowing that you and the rest of the family may go without food and clothing if you do not?
- ▶ Does the person in question consistently lie to cover up or deny his or her gambling activities?
- ▶ Does this person ever suffer from remorse or depression due to gambling, sometimes to the point of self-destruction?
- ▶ Has the gambling ever brought you to the point of threatening to break up the family unit? *Adapted from GamAnon®*

People do recover from problem gambling. **All Kansans, including those who are affected by a problem gambler, can receive confidential treatment at no out-of-pocket cost to you.** If you or someone you love might have a problem with gambling, call 1-800-GAMBLER now and receive the help you need.

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