

4.3 Home Delivered Nutrition Services

4.3.1 Eligibility Criteria

A. Eligibility requirements for home delivered nutrition services:

1. Individual 60 years of age or older who is homebound (see definition of "homebound" in Section 4.1.3); or
2. Individual 60 years of age or older who is isolated (see definition of "isolated" in Section 4.1.3); or
3. Individual 60 years of age or older who is a caretaker, as long as it is in the participant's best interest (see definition of "caretaker" in Section 4.1.3; OAA Title III B only);
4. Spouse of an eligible participant as long as it is in the participant's best interest; or
5. Individual with disability or dependent individual who resides in a non-institutional setting with an eligible participant, and it is in the participant's best interest; or
6. Registered congregate meal participant who needs home delivered meals due to an illness or health condition (i.e., congregate meal- illness related home delivered or CMELH). The participant may only receive CMELH meals for up to 30 consecutive days per calendar year.

B. An eligible participant may only receive a home delivered meal if his or her special dietary needs can be appropriately met by the program through a meal which conforms with the established standards, i.e., the meal available would not jeopardize the health of the individual.

4.3.2 Home Delivered Nutrition Services Provider Requirements

A. Area Agencies on Aging must ensure that each home delivered nutrition service provider makes provisions for nutrition education, nutrition counseling, nutrition assessment, and nutrition screening services, as appropriate, based on the needs of eligible participants.

B. Home delivered nutrition service providers must do the following:

1. Provide meals five (5) or more days a week (except in rural areas where such frequency is not feasible and a lesser frequency is approved by KDADS); and
2. Provide at least one hot, cold, frozen, dried, canned, fresh or supplemental foods (with a satisfactory storage life) meal per day and any additional meals which the nutrition service provider may elect to provide.

KANSAS DEPARTMENT FOR AGING AND DISABILITY SERVICES

Section 4.3

Nutrition Services

Effective Date: February 1, 2022

Revision: 2022-01

4.3.2 (cont.)

- C. Home delivered nutrition service providers must coordinate with other in-home service providers to implement a coordinated system of comprehensive in-home care.
- D. Home delivered nutrition service providers must establish a procedure for securing input on the quality of the services from eligible participants.
- E. Home delivered nutrition service providers must develop and implement procedures for routinely encouraging those eligible participants whose conditions improve to participate in the Congregate Nutrition program.