

KANSAS NURSE AIDE Part II - NATCEP Checklist

At the conclusion of training, instructors may use this comprehensive assessment tool to document Trainee II knowledge and skills.

Resident Care Knowledge and Skill	Date	Comments
1. Identify responsibilities of nurse aide in health care delivery system; identify delivery settings; name health care profession responsible for actions of the nurse aide.		
2. Demonstrate professional attitude and behavior which enhances communication between the trainee and the resident, resident=s family members, and staff. Describe appropriate confidentiality.		
3. Demonstrate good work ethics, including attendance and positive attitude.		
4. Demonstrate responsibility for resident rights by offering choices, promoting independence and the client=s right to be free of abuse, neglect or exploitation.		
5. Define abuse, neglect, and exploitation; describe proper reporting and consequences of abuse, neglect and exploitation. The toll free number for reporting abuse, neglect or exploitation is 1-800-842-0078.		
6. Describe safety precautions to avoid resident injuries. Describe fire escape and severe weather plans.		
7. Utilizing proper body mechanics, demonstrate techniques of making an occupied and unoccupied bed using measures to: (1) provide for resident=s comfort, (2) prevent the transfer of microorganisms while handling linen and (3) prevent skin irritations/pressure ulcers.		
8. Following the concepts of standard precautions, demonstrate practices which reduce the transfer of infection: keeping resident=s immediate area clean, disposing of soiled articles in proper receptacles, and cleaning equipment after resident use.		
9. Use disposable gloves when in contact with body fluids (blood, urine, vomitus, excrement, saliva). Demonstrate proper disposal of gloves.		
10. Demonstrate effective handwashing techniques following all rules of asepsis, including washing hands when entering and leaving the resident=s room and between resident=s care		
11. Demonstrate feeding techniques, guarding for safety and encouraging independence of resident. Demonstrate knowledge of the importance of fluid intake. Describe swallowing strategies.		
12. Assist and/or provide a bath using shower, tub or bed bath, while providing for: (a) privacy, (b) safety, (c) comfortable room and water temperature. Use proper body mechanics.		
13. Observe skin, recognize need for and provide skin care. Describe when, what and to whom observations need to be reported. Identify pressure points and recognize non-blanching, reddened areas.		
14. Demonstrate methods for bed, chair and wheelchair to prevent pressure areas.		
15. Assist and/or provide oral care to include care of the mouth, gums, teeth or dentures.		
16. Assist with or provide nail care. Do not provide nail care to diabetics or those with impaired circulation-requires special assistance.		
17. Assist and/or dress/undress, allowing for appropriate personal choices while encouraging independence.		
18. Assist with urination and bowel elimination needs, meeting the resident=s needs and providing for safety and privacy, while using the toilet, commode, bedpan, or urinal.		

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19. Demonstrate appropriate care for incontinent resident, including toileting, perineal care, what and when to report.		
20. Demonstrate ability to obtain accurate input and output. Demonstrate ability to add cubic centimeters.		
21. Demonstrate proper catheter care and discuss safety issues involved in wearing a catheter.		
22. Describe/demonstrate colostomy care.		
23. Demonstrate proper body alignment and positioning in bed and chair using devices and pillows as necessary.		
24. Utilizing proper body mechanics, demonstrate safe transfer, using the gait belt and/or mechanical lift from: (1) bed to chair, (2) chair to toilet/commode. Utilizing proper body mechanics, demonstrate (1) logroll to side of bed, (2) up to sitting position. Make sure equipment is safe and clean and pathway is clear before transferring.		
25. Demonstrate turning, repositioning resident.		
26. Assist with ambulation, utilizing assistive devices when needed. The resident should wear skid-proof shoes for safety. Be aware of signs or complaints of dizziness.		
27. Demonstrate accurate measurement and recording of weight and height, measurement and recording of vital signs: (1) temperature, (2) pulse, (3) respirations, (4) blood pressure. Report to supervisor any change in resident=s measurements.		
28. Demonstrate the abdominal thrust (Heimlich maneuver) technique.		
29. Describe or demonstrate communication technique with cognitively impaired resident.		
30. Describe/demonstrate maintenance and evaluation of sensory devices such as eye glassesBclean and worn; hearing aids on and working properly. Inform nurse of problems immediately.		
31. Describe how to work with residents who have special needs such as fall, elopement, skin risks and combativeness. Demonstrate knowledge of resident safety measures such as Wanderguard system (or other Aalert the staff@ systems), use of personal alarms.		
32. Describe oxygen usage and storage.		
33. Describe/demonstrate the care of resident after death.		
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structor Name Instructor # Signature		