

**90 HOUR NURSE AIDE PART I CLASS SCHEDULE AND CONTENT COURSE
NUMBER _____**

Dates	Class time	Lab time	COURSE TOPICS	Class	Lab	Total hours
			UNIT 1 - INTRODUCTION			
			UNIT 2 - RESIDENTS OF AN ADULT CARE HOME			
			UNIT 3 - ROLE AND RESPONSIBILITIES OF CNA			
			UNIT 4 -MEETING THE RESIDENT NEEDS: COMMUNICATION			
			UNIT 5 - MEETING THE RESIDENT NEEDS: INFECTION PREVENTION AND CONTROL			
			UNIT 6 - MEETING THE RESIDENT NEEDS: MOBILITY			
			UNIT 7 - MEETING THE RESIDENT NEEDS: THE RESIDENT'S PERSONAL LIVING SPACE			
			UNIT 8 - MEETING THE RESIDENT NEEDS: SAFETY			
			UNIT 9 - MEETING THE RESIDENT NEEDS: PERSONAL CARE AND GROOMING			
			UNIT 10 - MEETING THE RESIDENT NEEDS: NUTRITION AND FLUIDS			
			UNIT 11 - MEETING THE RESIDENT NEEDS: ELIMINATION			
			UNIT 12 - MEASURING AND RECORDING VITAL SIGNS			

This class schedule and content is a very important quality control tool. It is to be completed and kept at the training site and must be presented to the department upon request. Please indicate the date(s), time(s), number of hours, and if being taught during class or clinical for each topic. Do not use an "X" when indicating hours. **Time allotted for lunch and other breaks may not be counted in the total hours. Class time should be within reasonable limits: no more than eight hours per day of instruction with lunchtime and breaks provided.**

PART I SKILLS COMPETENCY CHECKLIST

TOTAL CLASS HOURS _____

TOTAL CLINICAL HOURS _____

Part I must be a minimum of 20 hours class time and 20 hours clinical

90-HOUR NURSE AIDE PART II

CLASS SCHEDULE AND CONTENT

Dates	Class time	Clinical Time	COURSE TOPICS	Class	Clinical	Total hours
			UNIT 13 - THE RESIDENT'S CARE PLAN			
			UNIT 14 - OBSERVING, REPORTING AND DOCUMENTING			
			UNIT 15 - PHYSICAL CHANGES ACCOMPANYING AGING			
			UNIT 16 - SEXUALITY IN AGING			
			UNIT 17 - MEETING RESIDENT NEEDS FOR COMFORT AND REST			
			UNIT 18 - MEETING RESIDENT NEEDS: END OF LIFE CARE			
			UNIT 19 - MEETING RESIDENT NEEDS: RESTORING NUTRITION AND ELIMINATION			
			UNIT 20 - MEETING RESIDENT NEEDS: MAINTAINING AND RESTORING MOBILITY			
			UNIT 21 - MEETING RESIDENT NEEDS: DEMENTIA AND PROBLEM BEHAVIORS			
			UNIT 22 - ADDITIONAL RESIDENT CARE PROCEDURES			
			UNIT 23 - MEETING RESIDENT AND FAMILY NEEDS: ADMISSION, TRANSFER AND DISCHARGE			
			UNIT 24 - FIRST AID IN THE ADULT CARE HOME			
			UNIT 25 - WORKING AS A CNA			

TOTAL CLASS HOURS _____ TOTAL CLINICAL HOURS _____

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Part II must be a minimum 25 hours class time and 25 hours clinical