Today’s Date:Click or tap to enter a date.

**Optional Photo**

**<My Name>**

**What People Like About Me**

Click or tap here to enter text.

**What’s Important to Me**

Click or tap here to enter text.

**How to Best Support Me**

Click or tap here to enter text.

**My Information**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name** | Click or tap here to enter text. | | |
| **Address** | Click or tap here to enter text. | | |
| **Phone Number** | Click or tap here to enter text. | | |
| **Last PCSP Revision Date** | Click or tap here to enter text. | | |
| **Legal Guardian** | Click or tap here to enter text. | | **Phone:** Click or tap here to enter text. |
| **Other Auth Rep. (indicate type)** | Click or tap here to enter text. | | **Phone:** Click or tap here to enter text. |
| **Targeted Case Manager** | Click or tap here to enter text.Click or tap here to enter text. | | **Phone:** Click or tap here to enter text. |
| **MCO** | Click or tap here to enter text. | | **Phone:** Click or tap here to enter text. |
| **Primary Care Physician** | Click or tap here to enter text. | | **Phone:** Click or tap here to enter text. |
| **Emergency Contact** | Click or tap here to enter text. | | **Phone:** Click or tap here to enter text. |
| **Informal Supports** | | | |
| **Name** | **Relationship** | | **Phone Number** |
| Click or tap here to enter text. | Click or tap here to enter text. | | Click or tap here to enter text. |
| Click or tap here to enter text. | Click or tap here to enter text. | | Click or tap here to enter text. |
| Click or tap here to enter text. | Click or tap here to enter text. | | Click or tap here to enter text. |
| **HCBS Providers** | | | |
| **Provider Name** | **Provider Phone Number** | **Service** | |  |  |
| Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | |
| Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | |
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| Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | |

**My Communication Preferences**

|  |  |
| --- | --- |
| My primary mode of communication is : | |
| Click or tap here to enter text. | |
| Interpreter Services: | |
| I need services | Type: Click or tap here to enter text. |
| I do not need services | |
| I have someone who helps me to communicate and/or speaks on my behalf. | |
| Name of Person: Click or tap here to enter text. | |

**PERSON(S) PARTICIPATING IN THIS PERSON-CENTERED SUPPORT PLAN**

|  |  |  |
| --- | --- | --- |
| I chose to participate in filling out this PCSP? | | Yes No |
| To what degree? | Actively Somewhat Not at All | |
| If anything other than actively, please describe participation level.  Click or tap here to enter text. | | |
| Person Providing the Information: Click or tap here to enter text. | | |

**About Me**

**My Accomplishments & Skills:**

Click or tap here to enter text.

**What My Circle of Support Says About Me:** include positive comments from friends, family, providers, etc.

Click or tap here to enter text.

**My Lifestyle Preferences Include:** comment on both what I have now and what I want for: where I live, who I live with, how I spend my day, my hobbies, my favorite people/things, my routine, my favorite activities, what is important to me, making choices and decisions, etc.)

What I Have Now

Click or tap here to enter text.

What I Want in the Future

Click or tap here to enter text.

**Opportunities Regularly Provided to Me for Choice and Control*:*** include how choice and control are offered and for what regular activities, items, situations.

Click or tap here to enter text.

**My Vision for a Good Life: My Future Plans Hopes, and Dreams:** other living/work options, other activities, learning to express more choice/control over certain decisions, etc.)

Click or tap here to enter text.

**Barriers to My Lifestyle Preferences and Future Plans:**

Click or tap here to enter text.

**My Options/Goals for Overcoming These Barriers:**

Click or tap here to enter text.

**My Goals**

|  |  |  |  |
| --- | --- | --- | --- |
| **Goal** | **Outcome Measure** | **Anticipated Completion Date** | **Person/Provider Responsible** |
| Click or tap here to enter text. | Click or tap here to enter text. | Click or tap to enter a date. | Click or tap here to enter text. |
| Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. |
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| Click or tap here to enter text. | Click or tap here to enter text. | Click or tap to enter a date. | Click or tap here to enter text. |

**My Supports**

# **Support at Home:** Comment on supports needed with activities in the home including, but not limited to cleaning, shopping, meal preparation, laundry, home maintenance, dressing, eating, bathing, toileting, other personal hygiene, calling others, evacuating the home, using transportation (including public), crossing the street, etc. Indicate my preferences and explain how I would like to be supported for each need.

Click or tap here to enter text.

# **Support with Work, School & Daily Activity:** Comment on supports needed at work, school, volunteer or in community/day services activities. This includes, but is not limited to social interactions, work or volunteer tasks, community safety, personal care, transportation, etc. Indicate my preferences and explain how I would like to be supported for each need.

I attend school and have an IEP.

A copy of my IEP has been given to my TCM and MCO Care Coordinator Yes No

Click or tap here to enter text.

# **Community and Social Support:** Comment on supports needed with cultural, religious or ethnic preferences, social relationships with family and friends, education regarding romantic relationships, dealing with grief and loss, accessing preferred community activities, handling conflict and change, etc. Indicate my preferences and explain how I would like to be supported for each need.

# Click or tap here to enter text.

# **Wellness Support:** Comment on supports needed with sleep, stress, exercise, nutrition, substance use, taking needed medications, going to appointments, scheduling preventative care, following physician/therapist advice or orders, etc. Indicate my preferences and explain how I would like to be supported for each need.

Click or tap here to enter text.

**Medical Support:** Comment on supports needed with medications, allergies, and a brief medical overview.Indicate my preferences and explain how I would like to be supported for each need.

Click or tap here to enter text.

**Risk Assessment & Intervention Plans:** Comment on any area of risk, and what the risk is, and supports needed. Include any related to health, safety, financial, undesirable behavior, mental health issues, or other risks that may or do require restrictive procedures.

I have a Positive Behavior Support Plan.

A copy of it has been given to my TCM and MCO Care Coordinator Yes No

Click or tap here to enter text.

**Restrictive Procedures, Limitations and Modifications:** List all current restrictive procedures or limitations to preferred lifestyle, and include the assessed need. This cannot solely be the disability. Include all of the information below for each restriction, limitation or modification to the preferred lifestyle.

Description of Restriction/Limitation/Modification:

Click or tap here to enter text.

Assessed Need:

Click or tap here to enter text.

History of Decision-Making and Potential Consequences to Poor Choices (long and short term):

Click or tap here to enter text.

Potential Risk of the Restriction/Limitation/Modification (long and short term):

Click or tap here to enter text.

Less Restrictive Alternatives Tried:

Click or tap here to enter text.

Safeguards for Protecting My Rights and Safety:

Click or tap here to enter text.

Frequency of Review:

Click or tap here to enter text.

Person/Provider Responsible for Data Collection:

Click or tap here to enter text.

Person/Provider Responsible for the Reviews:

Click or tap here to enter text.

Date Informed Consent Obtained:

Click or tap here to enter text.

**Legal and/or Financial Support:** Comment on supports needed with any legal issues and finances including managing personal funds, banking, purchasing items, planning a budget, paying bills, reporting personal income, filing tax returns, planning for the future (savings, trusts, etc.), finding an advocate or guardian, planning for the succession of a current guardian, etc. Indicate my preferences and explain how I would like to be supported for each need.

Click or tap here to enter text.

**Communication & Decision-Making** **Support:** Comment on supports need with daily communication and decision making, expressing feelings, expressing health symptoms, important life decisions, self-directing care, voting, reporting potential ANE, etc. Indicate my preferences and explain how I would like to be supported for each need.

Click or tap here to enter text.

**My Rights**

**Information & Training Provided:**

Please mark each box after the information has been reviewed

I have been given information and training to know and exercise my rights, in a manner that I can understand.

I have been given information and training to recognize and report Abuse, Neglect and Exploitation, and how to report it, in a manner that I can understand.

If I need help to know or exercise my rights, or report ANE, I will contact my Targeted Case Manager, provider, MCO Care Coordinator or trusted friend or family member. I understand that my rights cannot be restricted without my consent, a risk assessment, and review and approval of the human rights/behavior management committee.

**My signature/ legally recognized unique mark below means that I participated to the best of my ability and agree that the information here is what I want in my Person-Centered Support Plan.**

**­­­­­­­­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**My Signature Date**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**My Guardian’s Signature Date**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Targeted Case Manager Date**

**­­­­­­­­­­­­­­­­­­****\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Other (indicate title/relationship) Date**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Other (indicate title/relationship) Date**

**Person-Centered Support Planning Meeting**

|  |  |  |
| --- | --- | --- |
| **I would like to have my next Person-Centered Support Planning meeting at the following location, if possible:** | | |
| Click or tap here to enter text. | | |
| I **would like to have the following persons or entities attend the meeting, or participate by phone:** | | |
| **Person/Entity** | **Relationship** | **Contact Information** |
| Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. |
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