Final Grab and Go (GMEL) Policies and Instruction

Memo

Date: Friday, July 1, 2022  Time: 9:36 am

The final Grab and Go Meal (GMEL) policies and documents have been updated on the KDADS website, effective July 1, 2022. Please review and distribute the list and requirements below accordingly.

1. Field Service Manual (FSM):
   - 2.5 Uniform Program Registration Process
   - 2.6 Uniform Assessment Instrument and Abbreviated Uniform Assessment Instrument Process

   Note: Section 4 Nutrition Services was updated 1/1/2022 and has not changed.

2. Forms:
   - Updated UPR Forms remain available on the KDADS website.

3. UPR Reviewer Manual Available Here.

4. KDADS Service Taxonomy Available Here.

5. Training Materials:
   - 5/5/22 AUAI/UPR GMEL Train-the-Trainer Recording and PowerPoint slides available on the Aging Services Provider Information page.
   - Nutrition and Aging Resource Center Title III C1/C2 Decision Tree Available Here.

Requirements from AAAs/Providers:

- Per FSM 4.4.2B, submit GMEL nutrition service policies for KDADS approval no later than Friday, July 15th, 2022.
- If you or your staff have not received certificate for attendance of the May 25th training, please email KDADSOAASCA@ks.gov.
- Fully implement all GMEL policies and guidance by July 31, 2022.
- Direct all programmatic and fiscal questions and concerns to KDADSOAASCA@ks.gov. KAMIS Issues should be directed to KDADS.HELPDESK@ks.gov.

Gabrielle Risley, MPH, RD, LD
Older Americans Act Nutritionist
Kansas Department for Aging and Disability Services
503 S. Kansas Ave
Topeka, KS 66603