Kansas Department for Aging and Disability Services
Request for Application

**Announcement Overview**

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<th>Participating Agency(s)</th>
<th>Kansas Department for Aging and Disability Services (KDADS)</th>
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<td>Request for Application Title</td>
<td>KAN-HOUSE ARP Agreements</td>
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<td>KDADS Commission, Division, Unit</td>
<td>Behavioral Health Services Commission (Supportive Housing Division) Funding Opportunities (ks.gov)</td>
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<tr>
<td>Announcement Type (New or Existing), Funding Totals</td>
<td>New Announcement, Funding Totals: (MHBG) $2,131,494.00, (SABG) $1,281,155.75</td>
</tr>
<tr>
<td>Funding Source &amp; Federal Award Number</td>
<td>Federal Funding from the American Rescue Plan (ARP), Federal Award Number’s; MHBG ARPA: 1B09SM5357-01 SABG ARPA: 1B08TI083940-01</td>
</tr>
<tr>
<td>Match Fund Requirement</td>
<td>None</td>
</tr>
<tr>
<td>Purpose</td>
<td>This funding opportunity has been established to create and develop an evidence-based supportive housing program for individuals who meet SAMHSA’s Substance Abuse Federal Block Grant Eligibility. An evidence-based practice (EBP) refers to approaches to prevention, treatment, or recovery that are validated by some form of documented research evidence. Housing First is the preferred evidence-based program model.</td>
</tr>
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Kansas Department for Aging and Disability Services
Request for Application

RFA
KAN-HOUSE ARP
Posting Date: August 19, 2022
Application Due Date
Monday, September 19, 2022

| Eligible Applicants | Current Block Grant Eligible Licensed Substance Use Disorder (SUD) Treatment Providers, Community Mental Health Centers (CMHCs), or Certified Community Behavioral Health Clinics (CCBHCs) who have a SUD license or certification, that provide direct services and supports to individuals with a SMI, SUD, or a co-occurring SUD and SMI. |

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<td>Posted Date</td>
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<td>Open Date (Earliest Submission Date)</td>
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<tr>
<td>Letter of Intent and Questions Due Date(s)</td>
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<tr>
<td>Questions regarding this RFA shall be submitted to <a href="mailto:KDADS.QA@KS.GOV">KDADS.QA@KS.GOV</a> Subject Line: C/O Integrated Housing Services Division</td>
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<tr>
<td>Application Due Date(s)</td>
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<td>Award Announcement and Earliest Start Date</td>
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Announcement Full Text

Purpose
Kansas Department for Aging and Disability Services (KDADS) is currently soliciting applications for the Federal Fiscal Years (FY) of 2022-2025 for a Housing First Supportive Housing Grant Programming.

This funding opportunity has been established to develop or expand an existing evidence-based supportive housing program model for individuals who meet SAMHSA’s Substance Abuse and Mental Health Federal Block Grant Eligibility. An evidence-based practice (EBP) refers to approaches to prevention, treatment, or recovery that are validated by some form of documented research evidence. Housing First is the preferred evidence-based program model.

As an alternative to the Housing First evidence-based model, eligible applicants may also submit a novel or promising practice program model for consideration. Alternative program applicants must demonstrate how individuals living with a serious mental illness, substance use disorder and/or SUD and SMI, Co-Occurring Disorder would benefit from the proposed supportive housing program model and how the model used will provide low barrier self-directed behavioral health support services and access to community integrated permanent housing opportunities.

Eligibility
To be considered for this funding opportunity, you must be a current licensed block grant provider for SUD and/or a Licensed CMHC or CBHC. All applicants must be in good contractual standing and provide documentation of such within the submission of this grant application.

Priority will be given to those SUD, CMHCs, or CCBHCs providers who will be providing specialized services and evidence-based programming to individuals within the target population. However, we encourage all to apply as consideration will be given to communities who are in most need.

Selected applicants shall sign a Notice of Grant Award (NOGA), an agreement that KDADS will provide. The application submitted to KDADS shall become part of the NOGA.

Applicants must be able to provide proof of System for Award Management (SAM) registration, current Kansas Tax Clearance, and current compliance with Federal and State Laws, Regulations, and Administrative Codes for Behavioral Health Services Commission (BHSC). At the time of application all proposed applicants shall ensure that the following required signed forms are on file with KDADS legal division; (Business Associates Agreement, Sexual Harassment Agreement, and Certification of Boycott Israel forms, all forms can be found at this web-address Funding Opportunities (ks.gov)).
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Target Population

Funding for this programming effort will be directed to persons in need of behavioral health interventions and recovery support services who have a desire to enter or return to community integrated permanent housing supportive services despite their current sobriety or housing situations. The target individuals would meet one of the following Substance Abuse or Mental Health Services Administration’s (SAMHSA’S) Federal Block Grant criteria and/or KDADS Target Populations.

Substance Abuse:

Center for Substance Abuse Services (CSAT) with SAMHSA, has defined the target population as, “individuals that are; Pregnant women and women with dependent children, and Intravenous Drug users.” Individuals also eligible for services are low-income homeless or at risk of homelessness individuals and for whom health insurance coverage has been terminated for short periods of time. Substance abuse services that are not covered by Medicaid, Medicare, or private insurance or are not affordable based on the individual’s income and assets may also be included as part of the service provision plan.

Mental Health:
The MHBG program targets:

- **Adults with serious mental illnesses.** Includes persons age 18 and older who have a diagnosable behavioral, mental, or emotional condition— as defined by the Psychiatric Association’s *Diagnostic and Statistical Manual (DSM) of Mental Disorders*. Their condition substantially interferes with, or limits, one or more major life activities, such as:
  - Basic daily living (for example, eating or dressing)
  - Instrumental living (for example, taking prescribed medications or getting around the community)
  - Participating in a family, school, or workplace

Co-Occurring Mental Health and Substance Use Disorder:

Adults with a substance use diagnosis and have a co-occurring serious mental illness (SMI) “Includes persons aged 18 and older who are un-insured or underinsured and have a diagnosable behavioral, mental, emotional, or co-occurring Serious Mental Illness and Substance Use or Mis-Use impairment— as defined by the Psychiatric Associations’ *Diagnostic and Statistical Manual (DSM) of Mental Disorders*. The condition above substantially interferes with, or limits, one or more major life activities, such as: Basic daily living (for example, eating or dressing), Instrumental living (for example, taking prescribed medications or getting around the community), or Participating in a family, school, or workplace.”
KDADS:

Individuals who are exiting or at risk for placement in a State Nursing Facility for Mental Health or other Publicly Funded Institution/Facility, who have a co-occurring behavioral health and/or substance use disorder that may have contributed to the placement or risk of admission to a Nursing Facility for Mental Health or other publicly funded institution (including State Hospitals and State & County Correctional Facilities).

Individuals who are exiting Substance Abuse Detoxification, Residential, or Outpatient Care who are interested in participating in supportive housing services and interventions that will assist them with obtaining and sustaining integrated supportive housing within the community as part of the individual’s recovery plan.

Terms of the Grant

The term of this agreement shall run as outlined in the Key Dates table, unless earlier terminated pursuant to the provisions in this Request for Application (RFA) and the Award Contract. Programs are expected to begin to provide services to the intended population within 90 days upon final execution of grant agreement with (KDADS).

We have identified 5 main goals crucial to the implementation of Supportive Housing services and the Pathways Housing First Model:

5-Supportive Housing Principles:

(1) Consumer Choice
Choice in housing and recovery-oriented services and supports with an emphasis on individual self-determination and informed choice for housing.

(2) Separation of Housing and Treatment
(A) Immediate access to integrated housing opportunities and self-directed supportive services with low barrier, low access admission procedures.
(B) Access to Housing and Urban Developments (HUD) Coordinated Entry System and/or HUD programming and service provision efforts for persons within the target population.

(3) Provide Services to Match Individual Need
Programs shall be based on individual’s self-directed recovery oriented supportive service delivery through the development or enhancement of an Assertive Community Treatment (ACT) or Intensive Case Management (ICM) treatment team model.
(4) Recovery Oriented Service Delivery
Ongoing, positive, hopeful, affirming recovery support through health and wellness lifestyle coaching, and ACT, ICM interventions.

(5) Social Community Integration
Supporting a life in the community like everyone else, through intensive self-directed services and supports on an as needed and on-going basis.

Deliverables and Reporting

Project Outcome Goals

Goal 1: Increase the community capacity for eligible individuals to ensure access and sustainability of integrated community supportive housing services, utilizing the 5 Core Supportive Housing Principles in partnership with the Evidenced Based ACT or ICM model or other KDADS approved evidenced based model.

Goal 2: Increase access through expansion of existing, or through the development, of high-quality direct care supportive services such as Housing First ICM and/or ACT teams that are responsive to the needs of the individual and the community on a flexible service delivery schedule.

Goal 3: Support recovery from mental health and substance use disorder challenges via comprehensive community-based mental and substance use disorder treatment and supports through in-reach and outreach service delivery models that are available to the individual on nights and weekends.

Goal 4: By the term of the grant all direct housing support service delivery must incorporate the 5-supportive housing evidenced based principles through evidence-based models such as Housing First ICM, ACT, and/or other KDADS approved evidenced based recovery support services interventions.

Goal 5: Continually work to measure and improve the quality of services through individual and family/support customer satisfaction surveys via survey monkey. (Include cost for Survey Monkey in Grant Budget Request)

Goal 6: Introduce and begin the service provision of Certified Health and Wellness Recovery Life-Style coaching and housing recovery support services by the end of year one of the award.

Services

- Applicants will be responsible for ensuring that KAN-HOUSE staff attend and are allocated appropriate time during the work week to complete the Health and Wellness Recovery Life-Style Coaching approved certification training programs. Health and Wellness Recovery Life-Style
Coaching interventions shall be incorporated into service delivery by the end of year one of this agreement. The cost for those trainings may be included in the applicant’s line-item budget request. (See KDADS approved budget form);

- Eligible applicants will include in the project narrative a plan to ensure that the Kan-House eligible targeted population will be screened in, rather than screened out, and how individuals served will be provided low-barrier access to KAN-HOUSE programs;
- Providers shall ensure that individuals in the KAN-HOUSE program are connected to a SOAR SSI/SSDI Outreach, Access, and Recovery (benefits specialist to determine eligibility for Medicaid and other federal entitlement benefits and programming including but not limited to; Social Security, IPS, Vocational-Rehab, and Ticket to Work), for individual wanting to return to the work force;
- Applicants shall demonstrate how Person-Centered Planning and Informed Choice Care programming and principles will be incorporated into program delivery;
- Project narrative shall include a service provision plan for assisting individuals with transitioning to the community from State Hospitals and Nursing Facilities for Mental Health;
- KAN-HOUSE applicants shall demonstrate a brief project plan that will ensure that individuals, are offered and connected to a flexible array of housing and support services programming through other federal housing systems such as the Housing and Urban Developments (HUD) Federal Grant Programs\(^1\) using the HUD Fair Housing definition of disability:
  - “Federal nondiscrimination Fair-Housing laws define a person with a disability to include any (1) individual with a **mental impairment** that substantially limits one or more major life activities; (2) individual with a record of such impairment; or (3) individual who is **regarded as having such an impairment**.” (Mental impairment includes person with a substance abuse misuse and or addiction diagnosis/or history, and persons that are SMI).
- Applicants shall demonstrate a plan for the implementation of a flexible staffing pattern to best meet the needs of individuals served including back up staffing patterns for evenings and weekends to address crisis situations. Direct cost for staffing pattern can be added to budget request.
- A Housing Specialist Lead, (1.0 FTE) will be identified in the project plan and budget to ensure access to HUD programming efforts and access to behavioral health services that are based on informed choice and align with Fair-Housing regulations.
- Applicants participating in KAN-HOUSE shall work with the individual to complete a HUD Inspection Check List Form (\(^2\)HUD-52580) or identify the plan for ensuring that all KAN-HOUSE individuals are residing in a dwelling that is habitable.

**Reporting**

The successful applicant must be able to meet Kansas Department for Aging and Disability Services (KDADS) reporting requirements within established guidelines, must be HIPAA (Health Insurance Portability & Accountability Act of 1996) compliant, and must be able to submit electronic service claims data to KDADS Behavioral Health Commission’s Program Staff in the required email format. General reporting requirements include, but are not limited to, the following:

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1. [Disability Overview | HUD.gov](https://www.hud.gov) / U.S. Department of Housing and Urban Development (HUD)
2. [52580.PDF](https://www.hud.gov) (hud.gov)
1) Performance Reports and Financial Reports (including supplemental narratives) shall be completed and submitted to KDADS, electronically, by the 15th of the month following the service month.

2) Total number of individuals served, individuals transferred, and individuals’ discharge data shall be submitted to KDADS by the 15th of each month and can be attached to the fiscal invoice and identified through a Unique ID.

3) Reports on the progress made towards outcome goals will be submitted every 30 days and prior to an individual’s discharge, along with Individual/Family-Support Customer Satisfaction Surveys through Survey Monkey.

4) Block Grant Eligibility of the individual shall be identified and reported back to KDADS’ program management teams and submitted with monthly invoicing by the 15th of each month.

5) Financial Reporting
   a. Invoicing:
      i. Payment will not be made without the submission of an invoice.
      ii. All invoices submitted will be completed in a format provided or approved by KDADS.
      iii. The total amount of invoicing shall not exceed the amount of compensation agreed upon in the final, executed contract.
   b. The following release shall be on final financial report:
      "Contractor hereby understands and agrees that final payment is being made in the amount above and it releases the Contractor and KDADS from any further claims under this Agreement, subject to KDADS contract close-out procedures. After payment of the Final Financial Report (Final Payment), no further amount shall be due or payable by KDADS under this Agreement."

Application Review Information

A. Instructions:

1. Submit one electronic application to KDADS.QA@KS.GOV. Paper applications will not be accepted.

2. Complete the required cover sheet.

3. Complete and submit a Project Narrative to address each section above, including:
   - Demonstrate organizational capacity to provide the services of housing supportive services.
   - Methods planned for addressing the outcome goals, services & project proposal.
   - Anticipated number of individuals that will be served.
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- Identify a how, direct service and individual data will be collected and reported back to KDADS.
- A general timeline for start and completion of the project.
- A plan to ensure eligible individuals will be screened in and not screened out in a low barrier access, admission, and service delivery process.
- Demonstrate how compliance with all federal and state rules, regulations, statutes, and guidelines will be accomplished. This includes knowledge of, and experience with SAMHSA’s Federal Block Grant and Medicaid rules, regulations, and reporting requirements.
- The boundaries of the areas to be served and communities of focus. An explanation as to why the areas were selected (current service needs and gaps within the area). Any demographic data to support your selection; cite your sources.

4. Complete a Proposed Budget using KDADS Approved Budget Form with a brief justification narrative for each line item

- provided budget form (Excel format).
- Adhere to any funding limitations that may be listed within the project description.
- Budget may include personnel & fringe benefits, training, travel, supplies, and/or other related expenses.

B. Funds may not be expended to an applicant that would deny any eligible client, patient, or individual access to their program because of their use of FDA approved medications for the treatment of substance use disorders.

C. No individual may be screened as ineligible for the following reasons, not employment or treatment ready, too symptomatic, not currently active in services, substance use or misuse, does not meet criteria for Severe and Persistent Mental Illness (SPMI), or Psychiatric Rehab Eligible criteria.

D. The Grantee agrees to abide by all state, federal, and local laws, rules, and regulations prohibiting discrimination in employment and controlling workplace safety. Any violation of applicable laws, rules or regulations may result in termination of this Grant.

E. Funding through this application opportunity is intended for capacity building, start up and service provision for Pathways Housing First or approved alternative services for individuals who are uninsured or underinsured, to align with the block grant eligibility criteria. Funding specific to Medicaid eligible individuals shall be billed through appropriate payor source if applicable (Medicaid or CCBHC funding).
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F. Grant Application Submission Email Address
KDADS.QA@KS.GOV
Legal Name of Organization:

Official Administrative Address:

City, State, Zip+4:

Federal ID #:

Authorized Contract Signor & Title:

Contact for Application & Title:

Email Address:

Telephone:

Populations Served:

Counties Served: