

Governor's Behavioral Health Services Planning Council Evidence Based Practices Subcommittee September 2020

Background: The Substance Abuse and Mental Health Services Administration (SAMHSA) has core principles that include supporting the adoption of evidence-based practices. As stated in SAMHSA's Strategic Plan for FY 2019-2023, SAMHSA is committed to advancing the use of science – in the form of data; research and evaluation; and evidence-based policies, programs, and practices – to improve the lives of Americans living with substance use disorders and mental illness, as well as their families. As a state that receive SAMHSA funding including block grant funding, *Kansas must have an infrastructure for evidence-based practices (EBP) delivery and monitoring.* The State of Kansas has a long history of providing SAMSHA approved EBPs such as Supported Employment, Integrated Dual Disorders Treatment (IDDT), Supportive Housing/Housing First, etc. The Evidence Based Practices (EBP) Subcommittee was created (Summer 2019) to meet the need to develop a plan for EBP and fidelity infrastructure in Kansas.

The development of the framework for best practices (evidence-based practice training and fidelity) will align with SAMHSA's 2019-2023 Strategic Plan and Federal Block Grants across programs/projects/funding such as Department of Corrections, Systems of Care, Substance Use Disorder, Opioid and other funding, etc.

Goal: EBP Subcommittee will develop a plan to identify EBP and practice-based evidence to implement in Kansas, a process to provide training for those EBP and practice-based evidence, and a procedure for fidelity reviews.

Plans: EBP Subcommittee plans to

- learn from other GBHSPC Subcommittee representatives, state stakeholders, providers, consumers, and family members which EBPs or other measurement-based care is creating the positive outcomes for consumers
- seek a way to offer sustainable technical assistance to providers so they can deliver the best practices (evidence-based practices with fidelity or practice-based evidence that has not yet been researched but shown as a promising practice) chosen by the consumer
- assist providers to become efficient and effective in person-centered, value-based care provision
- assist providers with measurement of the value of care provision from the standpoint of structure, process, and impact of care provision

Membership: Subcommittee members recruited from the following the subcommittees of the GBHSPC, Kansas Mental Health Coalition, Kansas Consumer Advocacy Coalition, Keys for Networking, Consumers and their families, Managed Care Organizations (Aetna, United, Sunflower), Association of Community Mental Health Centers of Kansas, The Behavioral Health Association, Kansas Association of Addiction Professionals, and Providers (City on the Hill, Inc., COMCARE, DCCCA).

2019 – Thank you to the GBHSPC for approval to develop an EBP Subcommittee. After the approval, the EBP Subcommittee convened and developed the goal, plans and recommended membership of the Subcommittee. In addition, a survey was recommended to begin to identify current EBPs in Kansas, however, due to shifting budgets and staff, the recommendation was not implemented.

2020 – Request the GBHSPC include the need for funding a position to guide the work EBP Subcommittee resulting in the accomplishment of the EBP goal. Also request the GBHSPC include the need for increasing the use of EBPs and practice-based evidence training and fidelity in the Mental Health Modernization and Reform Special Committee report. EBP Subcommittee Membership - recruit more Community Mental Health Center representatives for 2020/2021.