

Kansas Senior Nutrition Programs COVID-19 Guidance

Date: Monday, April 27, 2020

Most recent key revisions are colored blue.

Time: 9:00 AM

Recent releases: April 2, 2020

Senior Nutrition Services Measures

Throughout the COVID-19 emergency period, to encourage social distancing and stop the spread of the pandemic, the agency requires that providers and participants cease participation in congregate nutrition settings until [rescinded](#). Alternatively, the agency strongly encourages the continuous provision of nutrition services such as box lunches, pick-up or home-delivered meals to congregate meal clients.

1. Per Executive Order 20-16, Kansas is under a statewide “stay home” order in conjunction with the Kansas Essential Function Framework for COVID-19 response efforts. Preparing and serving meals for takeout or delivery is an essential function.
2. Continue to work closely with local public health officials. For updated information, please continue to visit the [CDC COVID-19](#) and [KDHE COVID-19](#) websites.
3. Assessments for Nutrition Services including the Uniform Program Registration (UPR) and Abbreviated Assessment Instrument (AUAI) may be completed remotely using video or telephone.
4. The criteria to have a signature for the customer or the customer’s representative for the assessments is waived and verbal consents for all assessments will be accepted.
5. C(2) meals may be provided to participants who are not considered homebound for reasons of illness or disability due to the risk of illness from COVID-19 at this time.
6. Look into Shelf Stable meals and alternatives for Congregate participants. Meals must continue to meet DRI requirements if provided under Title III C(1), C(2) and NSIP.
7. Providers will be given the flexibility to provide meals in creative ways as long as food safety is ensured. Some communities throughout the country are working with grocery stores and restaurants to help continue their nutrition services.

Suggestions:

1. Consider utilizing alternative transportation, such as vehicles used to transport clients to congregate meals sites, to deliver meals to seniors’ homes.
2. Conduct outreach as necessary to populations that are able to safely distribute home delivered meals to clients. Social media and other strategies such as contacting local news outlets may be helpful to recruit new volunteers.

[This guidance shall be in place until rescinded.](#)

Gabrielle Risley, MPH, RD, LD

Older Americans Act Nutritionist

Aging & Disability Community Services & Programs