

December 9, 2020 Kansas State Plan on Aging Listening Session  
Transcript

1

00:00:16.349 --> 00:00:23.039

Good morning everyone and welcome to the state plan on aging, virtual listening tour.

2

00:00:23.039 --> 00:00:31.530

Before we start, I would like to go over some housekeeping notes. All participants are currently muted. If you are joining by phone.

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00:00:31.530 --> 00:00:38.399

Only, and wish to follow along there is a PowerPoint presentation located on the website.

4

00:00:38.399 --> 00:00:44.880

[kdads.ks.gov/2020-listening-tour](http://kdads.ks.gov/2020-listening-tour)

6

00:00:50.460 --> 00:00:56.460

Jeffrey Dunlop is our interpreter for today's session so if you need.

7

00:00:56.460 --> 00:01:00.479

His assistance please make sure to follow along with him.

8

00:01:01.649 --> 00:01:06.180

My name is Christina orton and I'm the aging services director for KDADS.

9

00:01:06.180 --> 00:01:09.599

I would like to take a minute introduce Gabrielle Risley

10

00:01:09.599 --> 00:01:12.750

Who is our older Americans act Nutritionist

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00:01:12.750 --> 00:01:18.719

And Cinthia Harris, who is the older Americans act and senior care act program manager.

12

00:01:18.719 --> 00:01:26.939

The listening session for the state plan on aging is conducted to gather your thoughts on services provided by KDADS.

13

00:01:26.939 --> 00:01:31.920

Older Americans Act, program referred to as OAA.

14

00:01:32.969 --> 00:01:42.090

This event means a great deal for the state of Kansas, because it allows seniors to voice their needs and allow us in the aging network.

15

00:01:42.090 --> 00:01:46.260

To develop goals to better serve older Kansans.

16

00:01:47.670 --> 00:01:57.599

At KDADS, our mission here at is to protect Kansas.

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00:01:57.599 --> 00:02:01.709

Promote recovery and support self sufficiency.

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00:02:05.760 --> 00:02:11.039

We achieve our mission through major program areas, such as home and community based services.

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00:02:11.039 --> 00:02:14.520

Long term care behavioral health service.

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00:02:14.520 --> 00:02:18.389

Services state hospitals and.

21

00:02:18.389 --> 00:02:33.030

Nutrition services, these programs provide a wide range of services, including, but not limited to aging services such as.

22

00:02:33.030 --> 00:02:37.439

Aging and disability resource center so.

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00:02:37.439 --> 00:02:41.639

Older Americans Act, which is a senior care act.

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00:02:41.639 --> 00:02:45.150

Which is Medicare programs.

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00:02:46.500 --> 00:02:51.389

Which include a senior health insurance counseling for Kansas SHICK.

26

00:02:51.389 --> 00:02:54.930  
Senior Medicare patrol SMP.

27  
00:02:54.930 --> 00:02:58.319  
Medicare improvements for patients and providers.

28  
00:02:58.319 --> 00:03:02.189  
The client assessment referral.

29  
00:03:02.189 --> 00:03:09.900  
And evaluation, which is the care and programs for all inclusive care for elderly known as pace.

30  
00:03:14.370 --> 00:03:21.750  
A little background on OAA, it was originally signed into law in 1965.

31  
00:03:21.750 --> 00:03:27.509  
And established the aging network, which provides community social and nutrition services.

32  
00:03:27.509 --> 00:03:35.370  
For older persons, and their caregivers since 1965, there have been many reauthorization of the acts.

33  
00:03:35.370 --> 00:03:42.030  
Including the recent 2020 reauthorization, which is valid through 2024.

34  
00:03:42.030 --> 00:03:49.650  
The older Americans Act funds services that keep older adults, healthy and independent in their homes.

35  
00:03:49.650 --> 00:03:54.960  
In accordance with the older Americans act of 1965.

36  
00:03:54.960 --> 00:04:00.000  
As amended KDADS as the designated state unit on aging.

37  
00:04:00.000 --> 00:04:07.349  
Submits a state plan on aging, so the U. S. administration on aging every 4 years.

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00:04:07.349 --> 00:04:15.270

This plan describes the agency's vision and purpose, including the goals and strategies to achieve this vision.

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00:04:15.270 --> 00:04:22.379

Development of the plan is accomplished through interaction with, say Kansas, aging network.

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00:04:26.428 --> 00:04:33.778

The older Americans act, is the most comprehensive legislation composed of 7 titles.

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00:04:33.778 --> 00:04:42.658

By 7 titles, KDADS administers the grants for a title 3 and a title 7.

42

00:04:44.488 --> 00:04:50.879

These grants are for state and community programs, such as supportive services.

43

00:04:50.879 --> 00:04:58.048

Which include homemaker, attended care, transportation case, management and legal assistance.

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00:04:58.048 --> 00:05:03.059

Nutrition includes congregate and home delivered meals.

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00:05:03.059 --> 00:05:08.399

Nutrition education, disease, prevention and health promotion.

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00:05:08.399 --> 00:05:14.459

Includes evidence based health promotion and disease prevention programs.

47

00:05:14.459 --> 00:05:21.869

And the family caregiver support includes respite counseling information.

48

00:05:21.869 --> 00:05:25.228

Support groups and homemaker services.

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00:05:25.228 --> 00:05:32.939

Title 7 are grants for elder rights protections, such as long term care ombudsman program.

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00:05:32.939 --> 00:05:36.809

Prevention of elder abuse and neglect and exploitation.

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00:05:36.809 --> 00:05:40.949

And state legal assistance, a development program.

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00:05:46.319 --> 00:05:51.269

The purpose of our state plan on aging is to outline the primarily.

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00:05:51.269 --> 00:05:56.639

Primary responsibilities of planning policy development administration.

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00:05:56.639 --> 00:06:03.269

Coordination priority setting an evaluation of all state activities related to the.

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00:06:03.269 --> 00:06:11.908

Objectives of the a Kansas aging network shall serve as an effective and visible.

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00:06:11.908 --> 00:06:15.059

Advocate for older and individuals.

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00:06:15.059 --> 00:06:18.718

By reviewing and commenting upon all state plans.

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00:06:18.718 --> 00:06:22.858

Budgets and policies, which affect older individuals.

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00:06:22.858 --> 00:06:29.249

And providing technical assistance to any agency organization Association.

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00:06:29.249 --> 00:06:32.939

Or individual representing the needs of older, Kansans.

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00:06:34.499 --> 00:06:42.689

The Kansas aging network shall also assure that preference will be given to providing services to older individuals.

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00:06:42.689 --> 00:06:49.949

With the greatest economic need and older individuals with greatest social need.

63

00:06:49.949 --> 00:06:53.218

With particular attention to low income.

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00:06:53.218 --> 00:07:02.218

Older individuals, including low income, minority, older individuals, older individuals with limited English proficiency.

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00:07:02.218 --> 00:07:05.488

And older individuals residing in rural areas.

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00:07:09.119 --> 00:07:19.228

To meet the needs of older Kansans KDADS administers programs throughout the state primarily through the local area agencies on aging.

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00:07:19.228 --> 00:07:27.149

Also known as Triple A's, Kansas association of area agencies on Aging and disabilities.

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00:07:27.149 --> 00:07:33.178

Known as K4AD represents all 11 area agencies on aging.

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00:07:33.178 --> 00:07:38.249

That coordinate services, assess provide information.

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00:07:38.249 --> 00:07:41.999

Case management and numerous other services for seniors.

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00:07:41.999 --> 00:07:45.329

And all of the 105 counties in Kansas.

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00:07:45.329 --> 00:07:55.769

To learn more about services offered in your area, you can dial the aging and disability resource center at 1-855-200-2372.

74

00:08:08.939 --> 00:08:17.399

The older Americans Act plays an important role in the lives of older Kansans with services and programs provided through the 11 AAAs.

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00:08:17.399 --> 00:08:24.418

3 tribal organizations, 165 title 3 service providers.

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00:08:24.418 --> 00:08:28.288

And hundreds of invaluable volunteers.

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00:08:29.309 --> 00:08:35.759

In 2019, nearly 33000 older were served through AAAs.

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00:08:35.759 --> 00:08:40.048

Through a title 3 registered.

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00:08:40.048 --> 00:08:45.359

Services such as congregate meals case management, personal care.

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00:08:45.359 --> 00:08:53.548

Home delivered meals and homemaker providers in Kansas provided more than 3.1M meals.

81

00:08:53.548 --> 00:08:59.578

40000 rides and 10000 hours of personal care to older Kansans.

82

00:08:59.578 --> 00:09:05.818

The National family, caregiver support program, hosted more than 1000.

83

00:09:05.818 --> 00:09:11.578

Counseling and training events and serve more than 13000 family caregivers.

84

00:09:11.578 --> 00:09:17.548

With more than 35000 hours of respite care to provide much needed and relief.

85

00:09:19.288 --> 00:09:26.938

Lastly, the Kansas longterm care ombudsman office provided more than a 1000 consultations to help.

86

00:09:28.109 --> 00:09:35.068

Resolve complaints and issues on behalf of individuals residing in long term care settings throughout.

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00:09:35.068 --> 00:09:45.479

aging services has developed a survey to gather your feedback.

88

00:09:45.479 --> 00:09:49.139  
For our 2022 state plan on aging.

89  
00:09:49.139 --> 00:09:53.458  
We encourage our partners and customers to share the flyer.

90  
00:09:53.458 --> 00:09:56.698  
And survey linked with older, Kansas, and caregivers.

91  
00:09:56.698 --> 00:10:01.499  
The survey will be open until the end of March 2021.

92  
00:10:01.499 --> 00:10:05.578  
And your appreciate participation is greatly appreciated.

93  
00:10:06.599 --> 00:10:12.418  
while this is the last listening session for 2020.

94  
00:10:13.828 --> 00:10:19.469  
We are still welcoming written comments until April thirtieth of 2021.

95  
00:10:19.469 --> 00:10:26.879  
These can be sent to [KDADSOAASCA@ks.gov](mailto:KDADSOAASCA@ks.gov)

96  
00:10:26.879 --> 00:10:30.808  
Or, to the Kansas department for aging and disability services.

97  
00:10:30.808 --> 00:10:34.948  
The attention of Christina orton, aging services director.

98  
00:10:39.688 --> 00:10:47.519  
This is an opportunity to provide open ended feedback, comments and success stories regarding aging services in Kansas.

99  
00:10:47.519 --> 00:10:57.509  
The purpose is not necessarily to answer questions, but to provide an opportunity for public comment and to assess for unmet needs for.

100  
00:10:57.509 --> 00:11:07.109  
Of older, Kansas, as we move into the feedback portion of this session, we would like to go over a few housekeeping notes.



101

00:11:07.109 --> 00:11:13.948

To provide comments, individuals with computer access, may raise their hand by going to the name.

102

00:11:13.948 --> 00:11:19.198

Your name and the participation list and clicking on the little hand.

103

00:11:20.339 --> 00:11:26.548

Individuals with computer access may also type your name and county of residents in the chat area.

104

00:11:26.548 --> 00:11:30.658

We will address individuals join on the computer.

105

00:11:30.658 --> 00:11:36.028

1st, allowing time for individuals on the phone to share towards the end.

106

00:11:36.028 --> 00:11:44.609

If you are on the phone and would like to share, please feel free to press star 6 to unmute yourself.

107

00:11:45.083 --> 00:11:58.943

To provide comments or feedback, please know that the state plan on aging is intended to address seniors, current and future needs related. Some older Americans.

108

00:11:59.639 --> 00:12:06.448

Services your participation will be used to develop a upcoming 2022.

109

00:12:06.448 --> 00:12:09.599

to a 2025 state plan on aging.

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00:12:09.599 --> 00:12:15.178

Please take this opportunity to share suggestions, needs comments and feedback.

111

00:12:15.178 --> 00:12:19.288

About oaa, as well as.

112

00:12:19.288 --> 00:12:23.668

Full or any aging services provided throughout Kansas.

113  
00:12:23.668 --> 00:12:26.908  
Please consider the following questions.

114  
00:12:26.908 --> 00:12:32.068  
What older Americans act services are working Well?

115  
00:12:32.068 --> 00:12:35.999  
Are there gaps in the and the old.

116  
00:12:35.999 --> 00:12:44.788  
And other aging services, what is the most important for you to see in a program serving seniors.

117  
00:12:44.788 --> 00:12:51.989  
What are barriers to services? Social isolation and loneliness are relevant.

118  
00:12:51.989 --> 00:12:57.869  
And these issues have been exacerbated by COVID-19 pandemic.

119  
00:12:57.869 --> 00:13:01.619  
How can aging network address? Social isolation and.

120  
00:13:01.619 --> 00:13:09.389  
Loneliness so, at this time we will go ahead and open it up for feedback.

121  
00:13:09.389 --> 00:13:19.379  
Any Please raise your hand, or chat in the chat box or unmute yourself by star 6.

122  
00:13:20.153 --> 00:13:20.933  
You're on the phone

123  
00:13:41.423 --> 00:13:42.714  
as we stated.

124  
00:13:46.288 --> 00:13:56.639  
Any feedback does not necessarily have to be related to older Americans act that can be related to any of the programs within the aging community.

125

00:13:56.639 --> 00:14:00.239  
Or any needs that may be identified.

126  
00:14:00.239 --> 00:14:08.938  
Success stories are also well, we like to provide success stories to the federal government.

127  
00:14:08.938 --> 00:14:17.249  
To let them know, we appreciate the funds that they provide. And this is how we have been able to.

128  
00:14:17.249 --> 00:14:20.339  
Make a difference or impact within Kansas.

129  
00:14:42.389 --> 00:14:52.918  
Also, if you have any questions on what we went over or need clarification, please feel free to ask for that. We'd be happy to find any clarification needed.

130  
00:15:21.599 --> 00:15:31.408  
I, I, uh, raise my hand this is my name is sherry, and I am on.

131  
00:15:31.408 --> 00:15:38.729  
From the perspective of my parents started getting to the age where they're.

132  
00:15:38.729 --> 00:15:48.328  
Really questionable to be independent living and I'd like to keep them in their home as long as possible and just.

133  
00:15:48.328 --> 00:15:51.389  
You know, kind of navigating the system.

134  
00:15:51.389 --> 00:15:55.769  
And understanding what services are available.

135  
00:15:55.769 --> 00:16:03.479  
You know what they qualify for what they don't qualify for things like that. So, you know, I would just say.

136  
00:16:03.479 --> 00:16:11.219  
You know, making information easily digestible or understandable.

137

00:16:11.219 --> 00:16:15.028

Um, for those of us that are in that.

138

00:16:15.028 --> 00:16:20.129

Situation, you know, a lot of times the.

139

00:16:20.129 --> 00:16:25.349

You know, elderly parents aren't really able to interpret things by themselves.

140

00:16:25.349 --> 00:16:37.078

And it's, you know, it's kind of frustrating, but I was, I jumped on to kind of learn, I guess, and hear what other people were saying. But that's what's on. My mind right now is just.

141

00:16:37.078 --> 00:16:47.938

It's a little bit overwhelming, you know, trying to understand everything and, you know, sometimes, like my parents still alive is in another city.

142

00:16:47.938 --> 00:16:49.139

So,

143

00:16:49.254 --> 00:16:53.604

it's not misunderstanding what's available in my county,

144

00:16:53.604 --> 00:16:56.124

but what's available in at county,

145

00:16:56.124 --> 00:16:56.543

you know,

146

00:16:56.543 --> 00:17:03.504

and sometimes the information isn't always consistently presented from county to county.

147

00:17:03.624 --> 00:17:06.743

And so then you're on the phone call and versus.

148

00:17:07.019 --> 00:17:17.933

Um, you know, something down on a website, so, to the degree that there could be some consistency on what is presented and how it's presented.

Uh, that would be helpful.

149

00:17:18.263 --> 00:17:23.903

And 1 of the things I'm kind of struggling with, too is like, um.

150

00:17:24.239 --> 00:17:27.298

Sign of my parents up for.

151

00:17:27.298 --> 00:17:39.298

Now, like the Medicare and the Medicare advantage versus rate, you know, things like that and then just understanding. Okay. Well, if.

152

00:17:39.298 --> 00:17:46.199

Hearing AIDS aren't covered what are the options to do the hearing names at a discounted price? So that's my comments.

153

00:17:47.669 --> 00:17:52.769

I appreciate that and if you would like to if.

154

00:17:52.769 --> 00:17:56.909

If you have the PowerPoint and if you don't, it's located on the website.

155

00:17:56.909 --> 00:18:05.578

Feel free to reach out to me and email me because I have staff they can actually probably help you with some of the Medicare. I do know open enrollment has ended.

156

00:18:05.578 --> 00:18:14.159

As of the 7, but going forward that's definitely some questions that we can help you with. And I really appreciate the feedback.

157

00:18:14.159 --> 00:18:17.398

Especially knowing.

158

00:18:17.398 --> 00:18:25.648

That you are trying to take care of your parents, and it's hard for you to figure out figure out what services are available.

159

00:18:25.648 --> 00:18:28.949

So that's valuable feedback. We really appreciate that.

160

00:18:35.189 --> 00:18:41.368

Do you have any other comments or suggestions or feedback.

161

00:18:47.969 --> 00:18:59.189

Hi, I have a question and I got I had trouble getting on so I don't know if you've already covered this, but I have mom that we had to recently move into.

162

00:18:59.453 --> 00:19:12.503

Memory care, and where she lived before, we could see her every day and we were a part of her caregiving team since she's moved into this new facility.

163

00:19:12.534 --> 00:19:15.564

We are blocked out now because of covid.

164

00:19:15.898 --> 00:19:29.068

And she's having a really hard time understanding why that is that we have abandoned her because she doesn't really understand all this stuff. We've been.

165

00:19:29.068 --> 00:19:33.598

In contact with the facility.

166

00:19:33.598 --> 00:19:40.048

Almost daily via email, or we're, we're trying to do everything we can to.

167

00:19:40.048 --> 00:19:44.038

See her as often as we can, but.

168

00:19:44.038 --> 00:19:56.368

My big concern is we understand how that dangerous covid is, but I'm weighing my mom's mental health and.

169

00:19:56.368 --> 00:20:04.078

Against her the chance that she will get folded.

170

00:20:04.078 --> 00:20:14.098

You know, we, they talk about window visits, but you're talking about people who can't hear well, don't.

171

00:20:14.098 --> 00:20:20.548

You can't open the window, so I, I don't see the advantage of her just seeing my face. I think it would be more.

172

00:20:20.548 --> 00:20:29.638

Confusing so I would just like to see what is the plan for that and we don't.

173

00:20:29.638 --> 00:20:39.118

Want this to be a contentious situation with the facility. I know they're trying to just do that what they can to keep it out, but.

174

00:20:39.118 --> 00:20:53.338

There doesn't seem to be very much even this long down the line of creative ways to keep people attached, except for face timing. So, anyway, that's my comment. That's my question.

175

00:20:53.338 --> 00:20:58.169

I appreciate that. I cannot you if you don't mind, can I ask your name?

176

00:20:58.169 --> 00:21:03.449

Your 1st thing LeeAnn LeeAnn. Okay. Sorry if I miss that.

177

00:21:03.449 --> 00:21:11.669

And unfortunately, we are in the code pandemic, which has created lots and lots of barriers.

178

00:21:11.669 --> 00:21:20.969

I can, I do know that is not a particular area I'm as familiar with, although I have been involved a little bit.

179

00:21:20.969 --> 00:21:24.808

But I can definitely if you don't mind.

180

00:21:24.808 --> 00:21:30.479

Keep emailing me and give me a little feedback or information.

181

00:21:30.479 --> 00:21:35.068

I can connect you with a couple of people that may be able to kind of.

182

00:21:35.068 --> 00:21:40.169

Help with some of your concerns and I don't know if you have a pen or.

183

00:21:40.169 --> 00:21:50.249

Paper I do, I do my email address is Christina, so it's C. H. R. I. S. T.  
I. N.

184

00:21:50.249 --> 00:21:54.778

Dot O. R. T. O. N.

185

00:21:54.778 --> 00:21:59.608

To the number 2 at ks .gov (christina.orton2@ks.gov).

186

00:21:59.608 --> 00:22:04.078

And if you want to email.

187

00:22:04.078 --> 00:22:10.169

I can get you connected with some people that may be able to help at  
least express the concerns that you may have.

188

00:22:10.169 --> 00:22:15.269

I'm sorry, I missed at Kay. What.

189

00:22:15.269 --> 00:22:18.479

At K. S. dot Gov.

190

00:22:18.773 --> 00:22:28.644

Okay as done. Okay. Okay. I will shoot you an email and then you can  
direct me to whoever you think might help. I know.

191

00:22:28.644 --> 00:22:38.604

This is, I'm not alone in this and I know because if we were very  
fortunate that we were able to stay with her as long as we could through  
this but.

192

00:22:39.298 --> 00:22:44.729

It's very difficult when you get on to face time and.

193

00:22:44.729 --> 00:22:48.808

All she does just cry, because she doesn't understand why you're not  
there.

194

00:22:51.088 --> 00:22:57.479

Yeah, I can't imagine Rob. Yes, well, I appreciate the feat. The.

195

00:22:57.479 --> 00:23:00.689



I appreciate the comments and feedback.

196

00:23:00.689 --> 00:23:05.848

There is a lot of people going through that, but that doesn't mean that we don't want to hear about it. So.

197

00:23:07.378 --> 00:23:10.709

Thank you and I look forward to seeing that email from you.

198

00:23:10.709 --> 00:23:20.669

Thank you there any.

199

00:23:20.669 --> 00:23:24.989

Other comments or feedback or success stories.

200

00:23:24.989 --> 00:23:31.469

Hi, hi, this is some boundary.

201

00:23:31.469 --> 00:23:40.558

And I guess I kind of agree with both of these past speakers. I guess my biggest.

202

00:23:40.558 --> 00:23:50.638

Concern is I and I've worked in the disability world for 5, 6 years. I'm retired now, but I still get a lot of people asking me.

203

00:23:50.638 --> 00:23:53.969

Um, I have a sister in law is 65.

204

00:23:53.969 --> 00:23:58.679

They just don't seem to be aware of the services that are out there and.

205

00:23:58.679 --> 00:24:04.108

And they don't have a clue how to navigate them.

206

00:24:04.108 --> 00:24:09.328

And I'm just wondering, how can we get that information out?

207

00:24:09.328 --> 00:24:19.499

I like she says, I expected maybe that her doctor would say, oh, did you know this is available or something and refer her to.

208

00:24:19.499 --> 00:24:25.919

The department on aging, but no, that does happen. How do we better educate.

209

00:24:25.919 --> 00:24:29.459

People about these services.

210

00:24:31.378 --> 00:24:38.848

That's a very good, very good question. And I'm glad that I have basically 3 of you pretty much saying the same thing.

211

00:24:38.848 --> 00:24:49.858

So, that's something that, as a state we need to look at and try to implement it into our estate plan. Like, how can we better educate our community members of services available?

212

00:24:49.858 --> 00:24:55.348

There are a ton of services available, but I will tell you I am. I.

213

00:24:55.348 --> 00:25:04.138

Social worker, and so I know how to navigate systems, but I've worked with many many families that do not.

214

00:25:04.138 --> 00:25:11.338

That is definitely the number 1 downfall throughout all programs and services.

215

00:25:11.338 --> 00:25:15.959

In most state, I mean, Kansas and other states as well.

216

00:25:15.959 --> 00:25:23.189

So, we will start looking at ways that we, as a state can implement.

217

00:25:23.189 --> 00:25:35.098

And make sure that education is being provided to the community so that family members loved ones don't have to try to jump through all these hoops to try to figure things out. So.

218

00:25:36.778 --> 00:25:42.898

That is definitely something that might seem. We'll look at putting into our new state plan on aging.

219

00:25:42.898 --> 00:25:46.499  
So, what we can do to educate the community.

220  
00:25:48.989 --> 00:25:52.348  
But thank you for that and hopefully.

221  
00:25:52.348 --> 00:25:58.048  
Hopefully, and then next year or 2, you guys will start seeing more.

222  
00:25:58.048 --> 00:26:03.088  
Communication and education going out from the aging.

223  
00:26:15.263 --> 00:26:17.034  
I see that I can chime in real quick.

224  
00:26:17.064 --> 00:26:18.173  
I just wanted to say,

225  
00:26:19.074 --> 00:26:20.663  
I really enjoyed your presentation,

226  
00:26:20.663 --> 00:26:30.564  
and I'm really glad for the 3 folks that shared today as I am the older  
American nutrition dietitian,

227  
00:26:30.564 --> 00:26:33.564  
I can focus on congregate meals at home,

228  
00:26:33.564 --> 00:26:35.663  
delivered meals across the state.

229  
00:26:35.759 --> 00:26:38.788  
Let's start familiar with meals on wheels.

230  
00:26:38.788 --> 00:26:42.538  
I also participate in.

231  
00:26:42.538 --> 00:26:51.719  
Some networking or create awareness for food and security among seniors  
and providing better access to food.

232

00:26:51.719 --> 00:26:58.138

You're about the network with snack food stamps, applications, things like that.

233

00:26:58.138 --> 00:27:02.608

Access to food, pantries and commodities so I just wanted to.

234

00:27:02.608 --> 00:27:13.794

Provide a prompt if anyone has any comments on security access to healthy nutrition, magnification topics like that.

235

00:27:14.094 --> 00:27:27.713

If you had any comments on that, that would be helpful as well. And then again, it was something. Somebody you had mentioned the, the struggles with cup and 19. this is a meeting for.

236

00:27:28.409 --> 00:27:38.729

Long term goals and and feedback on the AG network and services that you obviously realize that we're still.

237

00:27:38.729 --> 00:27:47.608

And again, and amendment emergencies, so we really appreciate your feedback on any major thing with that as well.

238

00:27:54.269 --> 00:28:09.058

I know, um, my mother does receive meals on wheels and from what I can see that program is working pretty well, at least my observation. So, thank you for your efforts on that.

239

00:28:11.219 --> 00:28:18.118

Thanks thanks, Eva.

240

00:28:26.368 --> 00:28:33.419

I would also say, you know, and I don't really understand the financial impacts of this very well, but.

241

00:28:33.419 --> 00:28:38.368

No, it seems like there's some financial.

242

00:28:38.368 --> 00:28:42.628

Thresholds that drive eligibility.

243

00:28:42.628 --> 00:28:46.469

And that there may be a pool of.

244

00:28:46.469 --> 00:28:56.699

Seniors that are slightly outside of that threshold. So, over the longer term really trying to evaluate are we capturing.

245

00:28:56.699 --> 00:29:03.749

You know, are the ones that need services getting services and.

246

00:29:03.749 --> 00:29:09.808

Do we need to advocate for adjusting thresholds at some point?

247

00:29:09.808 --> 00:29:16.739

You know, because when I was trying to read and interpret what.

248

00:29:16.739 --> 00:29:20.519

Services are available. That seemed a little bit.

249

00:29:20.519 --> 00:29:28.169

Hard to understand and I'll get with you Christine off line, but it just seems like.

250

00:29:28.169 --> 00:29:35.009

There are, there would be some seniors that really could use some help that aren't eligible.

251

00:29:36.328 --> 00:29:43.078

I know there's a limited pool from the state that.

252

00:29:43.078 --> 00:29:50.489

You know, that would be my concern is, are there vulnerable seniors that aren't qualifying that.

253

00:29:50.489 --> 00:29:55.558

You know, like going without hearing aids or.

254

00:29:55.558 --> 00:29:58.858

You know, whatever the services are.

255

00:30:01.828 --> 00:30:05.788

That's a very good point. Thank you for bringing that up.

256

00:30:05.788 --> 00:30:09.209

Yes, it's.

257

00:30:09.209 --> 00:30:14.489

That's what we kind of referred to.

258

00:30:14.489 --> 00:30:19.979

We have some kind of hard to reach populations and I think a lot of them would fall into that category.

259

00:30:19.979 --> 00:30:28.648

So that's definitely an area that we continue to strive to try to figure out. How can we reach that population? How the best for them. So.

260

00:30:28.648 --> 00:30:32.009

Thank you for writing that.

261

00:30:32.009 --> 00:30:36.179

Feedback and yes, please feel free to.

262

00:30:36.179 --> 00:30:43.019

Email me any additional information, I would be glad to.

263

00:30:43.019 --> 00:30:55.888

Look for that email.

264

00:30:55.888 --> 00:31:00.209

I don't see anything on the chat, but is there any additional.

265

00:31:00.209 --> 00:31:06.929

Feedback I see a raised hand from Martha.

266

00:31:06.929 --> 00:31:15.568

Hello? Hi. Can you hear me? Yes. Okay. I tell me if I'm too loud. I am 66 year old.

267

00:31:15.568 --> 00:31:20.038

Daughter caregiver of my parents.

268

00:31:20.038 --> 00:31:24.868

And Alison, Kansas, I moved back here a year ago.

269

00:31:24.868 --> 00:31:29.788

So, that's been a big shock for me to have these changes take place with virus.

270

00:31:29.788 --> 00:31:34.229

And affecting my social life.

271

00:31:34.229 --> 00:31:37.229

So, yes, I think it's great if you're doing some.

272

00:31:37.229 --> 00:31:46.439

Um, support for caregivers, but my main thing, I'm, I want to praise the.

273

00:31:46.439 --> 00:31:52.169

Kansas people that are helping my parents, I think my mother actually.

274

00:31:52.169 --> 00:31:59.009

Learned about it, just word of mouth from some of her other senior friends. My mother's 87 years old. Now.

275

00:31:59.009 --> 00:32:03.719

And my father is 84, they're both homebound basically.

276

00:32:03.719 --> 00:32:07.709

And they are getting the help.

277

00:32:07.709 --> 00:32:11.308

From, and I wish I, I knew shelby's title for sure.

278

00:32:11.308 --> 00:32:15.239

With the Northeast, Kansas.

279

00:32:15.239 --> 00:32:23.909

Senior group very helpful and they have a great relationship. My mother feels like she can call her at any time too. If she has a concern.

280

00:32:23.909 --> 00:32:27.118

And Shelby as great at checking up on her.

281

00:32:27.118 --> 00:32:34.858

Um, my dad refuses to go through the evaluation to accept the help. He doesn't think he needs it.

282

00:32:34.858 --> 00:32:44.308

The home caregiver is not really doing anything personally for them other than cleaning.

283

00:32:44.308 --> 00:32:50.068

And little things like that, but I know that there's a lot more that the caregiver can do.

284

00:32:50.068 --> 00:32:53.638

And the price is reasonable, I think.

285

00:32:53.638 --> 00:33:01.618

For them, so I really appreciate that the caregiver my big concern.

286

00:33:01.618 --> 00:33:08.009

Gabriel is the amount of protein in the meals on wheels here in this county.

287

00:33:08.009 --> 00:33:11.308

We appreciate the service.

288

00:33:11.308 --> 00:33:15.449

3 dollars a meal is reasonable. That's for sure.

289

00:33:15.449 --> 00:33:18.989

Um, but with my dad being a diabetic.

290

00:33:18.989 --> 00:33:24.118

And my mother overweight, it's just, there's, they're higher in carbohydrates.

291

00:33:24.118 --> 00:33:30.538

Which I realize protein is more expensive. They're finally understanding they need more protein.

292

00:33:30.538 --> 00:33:36.058

Especially my diabetic father who's had a stroke.

293

00:33:36.058 --> 00:33:41.759



So, I just wanted to pass that on that. We are concerned about the amount of protein.

294

00:33:41.759 --> 00:33:45.509

And wishing there was a greater amount.

295

00:33:45.509 --> 00:33:48.719

In there I do communicate.

296

00:33:48.719 --> 00:33:55.798

Actually, with the those who handle the meals on wheels hearing, so.

297

00:33:55.798 --> 00:34:00.209

They understand too. Marcia WALTERS I believe it is.

298

00:34:01.558 --> 00:34:07.078

So, I just want to talk about that, pass that on because we talk about the meals on wheels a lot.

299

00:34:07.078 --> 00:34:15.809

Oh, they are very helpful, but I do have to really I'm 66 years old and I'm trying to take care of myself too. And then, and.

300

00:34:15.809 --> 00:34:23.489

I do a lot of cooking for them, too, on the side. So I really I just wanted to express my concern about the.

301

00:34:23.489 --> 00:34:28.139

The dietary balance, and the meals on wheels.

302

00:34:28.139 --> 00:34:32.039

And thank you for the service.

303

00:34:32.039 --> 00:34:36.449

But, yes, I agree that it'd be great if doctors were.

304

00:34:37.949 --> 00:34:43.739

Giving out this information to people when they see the could be a need.

305

00:34:43.739 --> 00:34:50.458

Maybe, they're just not informed, but I appreciate it. And I, thank you.

306

00:34:52.168 --> 00:34:57.898

Well, thank you. We love to hear the the care giving services is going.  
Well.

307

00:34:57.898 --> 00:35:02.219

And that you're receiving the assistance from.

308

00:35:02.219 --> 00:35:06.748

Northeast triple a.

309

00:35:06.748 --> 00:35:13.048

And thank you, I'm sure we appreciate the feedback on the protein in the  
mills.

310

00:35:13.048 --> 00:35:16.259

Um, and the.

311

00:35:16.259 --> 00:35:20.668

Doctor's information that's definitely a good place to.

312

00:35:20.668 --> 00:35:23.969

The spread communication for sure.

313

00:35:23.969 --> 00:35:30.809

So, thank you for that.

314

00:35:31.224 --> 00:35:31.824

Thank you

315

00:35:45.804 --> 00:35:50.123

I really appreciate providing feedback.

316

00:35:51.088 --> 00:35:54.958

On the meals, it's very valuable information.

317

00:35:59.099 --> 00:36:10.978

Well, if we'll take 1 last call for any feedback comments questions, and  
if not, we'll go ahead and let everybody enjoy the rest of their day.

318

00:36:10.978 --> 00:36:17.548

So kind of a final call for any questions, or feedback or success stories.

319

00:36:21.329 --> 00:36:24.418

I don't see anything in the chat.

320

00:36:27.478 --> 00:36:36.869

Okay, well, I appreciate all the feedback that all of you provided us today and I appreciate you taking the time to jump on and learn about services.

321

00:36:36.869 --> 00:36:43.798

Throughout Kansas, obviously, if there's anything we can do to help any of you please feel free to reach out.

322

00:36:43.798 --> 00:36:49.108

I have an awesome team within the aging.

323

00:36:49.108 --> 00:36:55.619

Condition at Kate ads in they're all very knowledgeable and super helpful.

324

00:36:55.619 --> 00:37:03.509

So, I'm sure if you send anything to us, we can get it answered or at least directed to the correct person.

325

00:37:03.509 --> 00:37:15.239

And the, this has actually been recorded, so if you would like to review it, it'll be on the website later today. So you can re, listen to everything.

326

00:37:15.239 --> 00:37:19.798

Um, as well as see it, listen to previous listening.

327

00:37:19.798 --> 00:37:24.958

Um, sessions, that's all on the website. Understate plan.

328

00:37:24.958 --> 00:37:28.079

Is is that correct? Gabrielle is and under state plan.

329

00:37:29.159 --> 00:37:32.938

Yeah, I can get is that.

330

00:37:32.938 --> 00:37:38.969

Place where it is.

331

00:37:40.018 --> 00:37:46.108

It's actually under your exams, you go to the page.

332

00:37:47.159 --> 00:37:50.398

But I think you shared the beginning.

333

00:37:50.398 --> 00:37:57.539

I can I'll put the link in the chat, so.

334

00:38:03.893 --> 00:38:12.173

And then also the survey monkey anybody and everybody, you can think of, we would love to have them Survey Monkey filled out.

335

00:38:12.750 --> 00:38:27.599

And again, it goes until March, March, 30 if it's 2021. so there's a lot of questions directed to services as well as services needed.

336

00:38:27.599 --> 00:38:30.719

And addresses mental health, but addresses.

337

00:38:30.719 --> 00:38:39.840

I believe socialized that general, like caregiver and away services, the types of questions.

338

00:38:39.840 --> 00:38:47.639

But I can let everybody go, thank you so much for joining. I really enjoyed today's session.

339

00:38:47.639 --> 00:38:56.010

You guys have a wonderful day. Thank you. Save you happy.

340

00:38:58.590 --> 00:39:02.670

Silence.