

# Kansans 60+ Nutrition Counseling



3 free nutrition consults with your Hy-Vee Dietitian!



Work through your health goals & help make long-term lifestyle changes!

## ALSO AVAILABLE

- On-Demand Nutrition Store Tours
- Wellness Wednesday classes
- 1 week of Healthy Habits menu
- 3 Freezer Meal Prep Workshops

## HOW TO SIGN UP!

1

Go to [Hy-vee.com/Health](https://hy-vee.com/Health) and click on Hy-Vee Dietitians



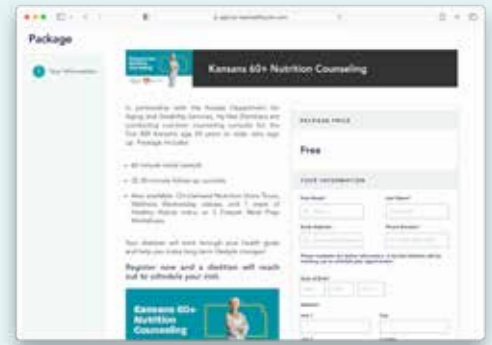
2

Scroll down to the Kansans 60+ Nutrition Counseling area & Click Sign Up Now!



3

Fill out the form, click Get Now & a Hy-Vee Dietitian will contact you soon!



Scan the QR code or visit [hy-vee.com/health/hy-vee-dietitians](https://hy-vee.com/health/hy-vee-dietitians)



## CONTACT US

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