
HCBS-TBI Renewal Resources Reviewed

March 14, 2014

Introduction

The Kansas Department of Aging and Disability Services (KDADS) is requesting the renewal of the Home and Community Based Services (HCBS) Traumatic Brain Injury (TBI) waiver. Requests for renewals of HCBS waivers are made to the Centers for Medicare and Medicaid Services (CMS) and will be submitted to CMS by March 30, 2014 to ensure CMS has 90 days to review the request prior to the expiration of the HCBS-TBI waiver on June 30, 2014.

Current Kansas Traumatic Brain Injury Program

Purpose of the Program

The purpose of the HCBS-Traumatic Brain Injury Waiver is to divert persons with a traumatic brain injury from seeking service from more expensive, non-inclusive, institutional settings, as well as deinstitutionalizing persons already being served in these settings and supports them in home and community-based settings. The program provides the services needed after injury to insure that individuals can stay in their homes and be as independent as possible in a safe, healthy environment. The TBI waiver is designed to be a rehabilitation program rather than one with a focus on maintenance.

The traumatic brain injury program in Kansas was designed to target individuals who had a brain injury that is caused by an external physical force on the brain resulting in total or partial functional disability and/or psychosocial impairment.

Current Eligibility Criteria

The HCBS-TBI program serves individuals with a traumatically-incurred injury to the brain who meet the criteria for TBI rehabilitation facility placement. In order to qualify for the HCBS-TBI program, participants must meet the following eligibility guidelines:

1. Have a traumatic brain injury
 - a. The brain injury must be traumatically-acquired, i.e., caused by an external physical force, such as blunt or penetrating trauma or from accelerating-decelerating forces.
2. Be 16 to 65 years of age
3. Meet the Medicaid TBI threshold score based on an assessment with the Functional Assessment Instrument (FAI).
4. Meet the financial guidelines to qualify for Medicaid.
5. Show capacity for progress in rehabilitation and independent living skills

Available Services

TBI eligible individuals may access needed services offered under the program. These services are:

- Extended State Plan Services
- Transitional Living Skills (required)
- Occupational Therapy
- Physical Therapy
- Speech and Language Therapy
- Financial Management Services
- Behavior Therapy
- Cognitive Rehabilitation
- Home-Delivered Meals Service
- Medication Reminder Services
- Sleep Cycle Support
- Personal services
- Assistive services
- Personal Emergency Response System and Installation

Traumatic Brain Injury Resources

TBI Fact Sheets

<http://www.asha.org/research/reports/tbi/>

<http://www.asha.org/public/speech/disorders/TBI/>

<http://www.ninds.nih.gov/disorders/tbi/tbi.htm>

<http://www.mayoclinic.org/diseases-conditions/traumatic-brain-injury/basics/definition/CON-20029302?DSECTION=all&p=1>

<http://www.americasheroesatwork.gov/forEmployers/factsheets/FAQTBI/>

<http://www.traumaticbraininjury.net/faqs/>

<http://www.cdc.gov/injury/about/focus-tbi.html>

<http://www.ninds.nih.gov/research/tbi/index.htm>

<http://www.tbiconferences.org/documents/WilliamsburgPatientandFamilyTBIPresentation.pdf>

Rehabilitation for Traumatic Brain Injury: Summary

<http://archive.ahrq.gov/clinic/epcsums/tbisumm.htm>

Traumatic Brain Injury: A Primer for Professionals

<http://www.asha.org/publications/leader/2002/020625/020625a.htm#6>

Current Perspectives on Traumatic Brain Injury (Only 10% TBI are Severe)

<http://www.asha.org/aud/articles/CurrentTBI/>

Brain Injury: Severity Levels and the Recovery Process

<http://lifecenter.ric.org/index.php?tray=content&cid=2162>

Recovery of Cognitive Function After Traumatic Brain Injury: A Multilevel Modeling Analysis of Canadian Outcomes

<http://download.journals.elsevierhealth.com/pdfs/journals/0003-9993/PIIS0003999308014986.pdf>

Rehabilitation after traumatic brain injury

<http://bmb.oxfordjournals.org/content/55/4/927.full.pdf>

Early rehabilitation important for recovery after severe traumatic brain injury
<http://www.sciencedaily.com/releases/2014/01/140128153857.htm>

In addition to the above resources, KDADS reviewed input from stakeholders, providers, consumers, and internal reports.

Questions and comments about the HCBS-TBI 1915(c) Renewal can be submitted electronically to HCBS-KS@kdads.ks.gov. Individuals are also encouraged to contact KDADS at 785-296-4986.

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