

For Immediate Release

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Larned State Hospital to Host 11th Annual Mental Health Conference

LARNED – Larned State Hospital will host its 11th Annual Mental Health Conference on August 11-13 in the Larned Community Center, Kansas Department for Aging and Disability Services Secretary Kari Bruffett announced today.

“We conduct this conference annually to aid the professional development of those working in the fields of psychology, psychiatry, nursing, social work and corrections, but it is open to anyone with an interest in mental health,” Larned State Hospital Superintendent Tom Kinlen said.

“Larned State Hospital has put together a great lineup of speakers and relevant topics. I believe this conference will enhance the knowledge and treatment skills of all who attend,” Secretary Bruffett said.

Among the topics to be addressed in depth at the conference are DSM-5 personality disorder, mastering dialectical behavior therapy and ethics and boundaries for professionals treating people who are sexually abused.

The conference will be co-chaired by Larned State Hospital’s Staff Training Specialist Travis Reed and Director of Activity Therapy Chris Baker.

Featured speakers at the conference include:

- Dr. Gregory Lester has been licensed as a clinical and consulting psychologist for 25 years. He maintains private practices in two states, has held membership on the graduate faculty of The University of St. Thomas, is on the Continuing Education Faculty of Cross Country Education, and is Senior Research Director with the Improvement Research Group. He is a member of Phi Beta Kappa, The American Psychological Association, APA Division of Independent Practice, APA Division of Consulting Psychology, The Texas Psychological Association, The Houston Psychological Association,

The Colorado Psychological Association, The Association for the Advancement of Psychology and others. Dr. Lester's research and articles have appeared in publications including The Journal of Behavior Therapy, The Western Journal of Medicine, Action Through Advocacy, The Journal of the American Medical Association, The Yearbook of Family Practice and The Transactional Analysis Journal. Dr. Lester is the author of five books: *Power With People: How to Handle Just About Anyone to Accomplish Just About Anything*, *Personality Disorders in Social Work and Health Care*, *Borderline Personality Disorder: Treatment and Management that Works*, *Personality Disorders II: The Advanced Course*.

- Cathy Moonshine, Ph.D., MAC, CADC III is the Executive Director of a private consulting firm, Moonshine Consulting as well Director of Internship Training Program, Director of Pacific Psychology Clinics, and Associate Professor at the School of Professional Psychology at Pacific University in Portland, Oregon. Dr. Moonshine has more than 20 years of experience in public and private mental health and substance abuse treatment settings across all levels of care. She works with systems of care and individual clinicians to implement and sustain evidence based practices. Dr. Moonshine has served as a Clinical Director for nearly 10 years in Portland, Oregon. She is a founding board member of the DBT National Certification and Accreditation Association.
- David S Prescott, LICSW is the Director of Professional Development and Quality Improvement for the Becket Family of Services, which provides treatment for youth, adults, and families across northern New England. He has worked in both inpatient settings and community service programs since 1984, and specifically with individuals who have sexually abused since 1987. He has a strong interest in sharing resources, networking, and training to increase knowledge in these fields. His clinical and training interests focus on motivational enhancement, developing and maintaining therapeutic relationships, and assessing treatment progress. Prior to his move to the northeast, he served as the Clinical Director at a Minnesota Sex Offender Program and Treatment Assessment Director at the Sand Ridge Secure Treatment Center in Wisconsin. From 1992-2004, Mr. Prescott worked as a Clinical Supervisor at Bennington School, Inc. and has since provided additional training and consult to that program. Mr. Prescott has published 11 books on topics related to sexual violence. He has written numerous articles and book chapters on such topics as assessment, treatment, motivating change, and building a better life. Mr. Prescott is on the International Advisory Board for the Journal of Sexual Aggression and a Section Editor for the formative journal *Motivational Interviewing: Training, Research, Implementation, Practice*. He is a past president of the Association for the Treatment of Sexual Abusers (ATSA) and a charter member of the International Association for the Treatment of Sex Offenders.

The conference is scheduled to be held in the Larned Community Center, 1500 Toles Street, Larned, Kansas. For enrollment information, please contact Travis Reed @ travis.reed@lsh.ks.gov or by phone at 620 285-4010. Or visit our website at: <http://lsh.ks.gov/LSHPublic/MHC2014.pdf>.

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The Kansas Department for Aging and Disability Services mission is to foster an environment that promotes security, dignity and independence for all Kansans.