



House Children and Seniors Committee  
KDADS Overview  
1/11/2018

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# Aging and Disability Resource Center (ADRC): Inception

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- A collaborative effort by the U.S. Administration on Community Living (including AoA, as of April 2012) and the Centers for Medicare & Medicaid Services
- Originally funded 43 states and territories from 2003-2005
- In September 2009, \$11 million in grants were awarded to 49 states and territories to implement or expand ADRC program
- Pilot Sites
  - Central Plains Area Agency on Aging
  - Northwest KS Area Agency on Aging
  - Independent Living Centers (ILC) located in both areas
- 2012 Request for Proposals (RFP)
  - Implementation/Contract Award
    - September 10, 2012
      - One Contractor
      - Ten Subcontractor (Including Satellite Locations)



# ADRC Purpose

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- Serve as Single Points of Entry
  - Long term supports and services system for older adults and people with disabilities
- One-Stop Shop system
  - Addresses many of the frustrations consumers and their families experience when trying to find needed information, services, and supports
- No Wrong Door (NWD) system
  - Raise visibility about the full range of options available
  - Provide objective information, advice, counseling, and assistance to all individuals, regardless of age, disability, or income
  - Empower people to make informed decisions about their long term supports
  - Help people more easily access public and private long term supports and services programs

# Information, Referral, and Assistance (I&R/A)

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- Information, Referral, and Assistance (I&R/A)
- Options Counseling
- Functional Assessment:
  - Functional Assessment Instrument (FAI)
  - Client, Assessment, Referral, and Evaluation (CARE)

# Options Counseling

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- Provided by Alliance of Information and Referral Systems (AIRS)-certified counselors
  - Access to national database of providers
    - Transportation
    - Congregate Meal Sites
    - Nutrition
    - Nursing Facilities
    - Other services
- Refer customer for appropriate assessment
  - Functional Assessment Instrument (FAI)
  - Client, Assessment, Referral, and Evaluation (CARE) – Level I
  - Refer to appropriate community agency for assistance

# Options Counseling

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- Helps individual and families make service and support choices that meet their needs
  - Person-centered one-on-one assistance
- Helps individuals understand and assess their situation
- Assistance in making informed decisions about long term services and supports
- Assistance in developing an action plan
- Arranging for delivery of services and supports, if requested

# Assessment

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- Administered by trained FAI and/or CARE Assessors
  - Functional Assessment Instrument (FAI)
    - HCBS/TBI waiver
    - HCBS/PD waiver
    - HCBS/FE waiver or PACE program
- CARE (Client Assessment, Referral, & Evaluation) – Level I
  - Fulfills Pre-Admission Screening and Resident Review (PASRR) requirement for those entering a nursing facility

# Additional Services

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- Medicaid Eligibility
  - KDHE Medicaid Eligibility Worker on site to assist with Medicaid questions/applications



# Children Services - SED Waiver

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- The Serious Emotional Disturbance (SED) waiver provides children who have some mental health conditions with special intensive support so they may remain in their homes and communities. The SED Waiver is available for young people 4-18 years old who have a diagnosed mental health condition that substantially disrupts their ability to function socially, academically, and/or emotionally and are at risk of inpatient treatment. As of November 2017 the SED waiver is serving 3,189 children across Kansas. The SED waiver consists of the following services:

## SED SERVICES

- Parent Support and Training
- Independent Living/Skills Building
- Short Term Respite Care
- Wraparound Facilitation
- Professional Resource Family Care
- Attendant Care



# Psychiatric Residential Treatment Facility

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- PRTFs provide out-of-home residential psychiatric treatment to children and adolescents whose mental health needs cannot be effectively and safely met in a community setting. These programs are intended to provide active treatment in a structured therapeutic environment for children and youth with significant functional impairments resulting from an identified mental health diagnosis, substance use diagnosis, sexual abuse disorders, and/or mental health diagnosis with co-occurring disorder (i.e., substance related disorders, intellectual/developmental disabilities, head injury, sexual misuse disorders, or other disabilities which may require stabilization of mental health issues).
- The residential treatment facility is expected to work actively with the family and other agencies to offer strengths-based, culturally competent, trauma-informed, medically appropriate treatment designed to meet the individual needs of the residents.
- There are currently 8 PRTFs in the State of Kansas.

## Children's Services - PRTF

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- PRTF wait list Pilot began October 1, 2017
  - The intent is to remove children from the wait list that can truly be served in the community but it is not intended to prevent children from entering PRTF that need that level of service.
- Current services will be evaluated and additional services added if needed to help stabilize the child and family
- The Pilot will be reviewed in February 2018 and in April 2018 to determine the success of the Pilot.

## Kansas System of Care (SOC)

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- KDADS was awarded this four-year, SAMHSA Cooperative Agreement, to improve behavioral health outcomes for youth with SED and their families. KDADS has contracted with 4 community mental health centers to provide direct services and Wichita State University to provide training and program evaluation.

Current Kansas SOC objectives include:

- Prioritize youth and family “voice and choice” in all service planning activities
- Focus on availability of youth and parent peer support services through workforce and policy development strategies
- Promotion of partnership among all child-serving agencies
- Emphasizing the importance of community-based services and supports to keep a youth in their home, enrolled in school, and out of trouble.

Created a Kansas System of Care Advisory Council under the auspice of the Governor’s Behavioral Health Services Planning Council’s Children’s Subcommittee.



# CHILD AND FAMILY STABILIZATION PROGRAM

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The primary goal of this service grant is to support and stabilize Children, Adolescents and Families to improve psychological symptoms of distress and to engage them earlier in the process of a mental health or substance use crisis.

The goals of this project include:

- Establishment and increased engagement of community-based services and programming to decrease reliance on PRTFs, Acute Hospitals and Juvenile Detention centers.
- Decrease admission and re-admissions to PRTFs, Acute Hospitals and Juvenile Detention centers of Children and Adolescents who could be stabilized in the community in than 30 days or less by connecting children and families to services/resources in their home communities;
- Increase 24-hour community options for Children and Adolescents who are at risk of out-of-home placement. Out-of-home placement could include being homeless or at risk of homelessness, at risk of disrupting placement or removal from the home due to child welfare or justice involvement, and/or risk of PRTF or Acute Hospital admission.
- Increase involvement in community-based services, such as service coordination, youth peer support, parent peer support, individual therapy, family therapy and medication management.
- Service Delivery shall be consistent with Recovery Oriented systems of Care (ROSC) and Strengths Based Case Management principles. Services shall be youth-guided and family-driven. Providers will use a culturally and linguistically competent, trauma-informed, and strengths-based approaches to create, support, or monitor an individualized plan of care..

## Children's Behavioral Health Services

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- 26 licensed Community Mental Health Centers (CMHCs) operate in 120 locations throughout Kansas
- The primary goal of the CMHCs is to provide quality care, treatment and rehabilitation to individuals with mental health problems in the least restrictive environment
- Key services offered include: 24-hour, 7 days a week emergency treatment and crisis services, evaluation/assessment, psychological testing, medication management, individual/group/family therapy, case management, personal care, and other supports addressing children's academic, interpersonal and practical needs

# HCBS November Monthly Summary

HCBS Program	Description of Services	Number of People Eligible to Receive HCBS Services		Number of People on Wait List	Number of Proposed Recipients
		Without MFP	MFP		
Autism	This program provides services to children with Autism to receive early intensive intervention treatment and allow primary caregivers to receive needed support through services.	55			279 (as of 11/30/17)
SED (Serious Emotional Disturbance)	The Home and Community Based Services (HCBS) Serious Emotional Disturbance (SED) Waiver serves as an alternative to inpatient psychiatric treatment for children and youth with mental health disorders.	3,189			
TA (Technology Assisted)	This program serves individuals who are age 0 through 21 years, chronically ill or medically fragile and dependent upon a ventilator or medical device to compensate for the loss of vital bodily function and require substantial and ongoing daily care by a nurse or other qualified caregiver under the supervision of a nurse to avert death or	496			
FE (Frail Elderly)	This program provides an option for Kansas seniors who receive Medicaid and qualify functionally to receive community based services as an alternative to nursing facility care. Services include personal care, household tasks, and health services.	4,817	58		
TBI (Traumatic Brain Injury)	This program is for individuals who have sustained a traumatic brain injury and provides rehabilitative services and the needed assistance after injury to insure that individuals can stay in their homes and be as independent as possible in a safe, healthy environment. The HCBS/TBI program serves individuals 16 years of age and	449	4		
I/DD (Intellectual and Developmental Disabilities)	This program serves individuals age 5 and older who meet the definition of intellectual disability or having a developmental disability or are eligible for care in an Intermediate Care Facility for people with Mental Retardation (ICF/MR).	8,965	28	3,630	
PD (Physical Disability)	This program serves individuals age 16 and older who meet the criteria for nursing facility placement due to their physical disability, who are determined disabled by social security standards, and who are Medicaid eligible.	5,922	103	1,467	

# Waiting List: Current Efforts

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## I/DD Waiting List

- 8,965 individuals on the HCBS I/DD Program as of 12/15/2017
- Current number of individuals on the Waiting List is 3,630
- 374 people were offered services in CY 2017
- 200 I/DD Wait list offers were made in August

## PD Waiting List

- 5,922 individuals on the HCBS PD Program
  - Current number of individuals on the Waiting List is 1,467
  - 1,162 people were offered services in CY 2017
  - 300 PD waitlist offers were made in September
- **The HCBS Monthly Summary is posted on the HCBS page at [www.kdads.ks.gov](http://www.kdads.ks.gov)**



## 2017 Waiver Renewals:

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### Autism Waiver Renewal:

- KDADS received CMS Approval for the Autism waiver on 6/14/17.
- 60 currently receive services; more children will get services due to transfer of some autism waiver services to the State Plan under the new waiver.

### SED Waiver Renewal:

- KDADS received CMS approval for the SED waiver on 4/28/17.
- Currently the CMHC provides all eligibility determinations, plan of care development, and provision of services.
- KDADS is pursuing a contact with third-party assessors to perform side by side assessments to address conflict of interest issues.

# PACE Updates:

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## PACE Enrollment by Site (as of 1.1.18):

- Midland PACE: 248 participants total
  - Topeka: 181 participants
  - Lawrence: 47 participants
  - Wyandotte/Leavenworth: 20 participants
- Bluestem PACE: 49 participants
- Via Christi HOPE PACE: 248 participants

# PACE Updates:

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## Via Christi HOPE PACE audits:

- Focused audit was conducted by both State and CMS officials in August 2017 after reports of concerns and deficiencies from a whistleblower.
- CMS and KDADS concluded that VCH failed substantially to provide its participants with medically necessary items and services, which adversely affected its participants.
- Approximately 27 conditions were cited; both clinical and operational deficiencies.
- CMS and Program staff from KDADS and KDHE are aggressively monitoring VCH's progress on its plan of correction.
- VCH PACE participants have the option to receive information about other state programs.

# Older Americans Act (OAA) Programs

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## The Older Americans Act (OAA)

- Established by Congress in 1965 to provide services to seniors age 60 or older. In the 1972 revisions to the OAA, the Area Agencies on Aging (AAAs) were created to deliver services in communities.

## Title III-B Supportive Services (Information and Referral)

- Provides Kansans with objective, accessible and useful information to promote healthy aging, financial security and long-term care choices to assist them in making informed decisions. States are required to devote some funding to access services (such as transportation and information and assistance), home care, and legal assistance. This program also supports other services, such as case management, adult day care, and activities in senior centers.

# Older Americans Act (OAA) Programs

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## Title III-C Nutrition Program

- Provides funding to Area Agencies on Aging for the provision of nutrition services in either a congregate setting or in the homes of older Kansans who are homebound. Federal, state and special revenues at the state level are combined with local funds to support the program. Customers also share in the cost of nutrition service by voluntarily contributing toward the cost of their meals.

## Title III-D Disease Prevention and Health Promotion

- Program promotes disease prevention and health promotion services. These services enable seniors to make informed choices about their lifestyle changes and health. Programs to prevent or delay chronic conditions and promote health among older people receive the smallest amount of funding among Title III programs. The law provides “seed money” for these activities and intends that state and area agencies leverage other funding sources to complement Title III funds.

# Older Americans Act (OAA) Programs

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## Title III-E Caregiver Support

- The National Family Caregiver Support Program is designed to be as flexible as possible to support the needs of family caregivers. There are five categories of service available: Information, Assistance, Counseling, Support Groups, Caregivers Training, Respite, and Supplemental Services. The program targets family caregivers providing in-home or community care to an older adult, caregivers who provide care for individuals with Alzheimer's disease, grandparents or relatives aged 55 or older who are relative caregivers for children younger than 19 years of age, and a grandparent or relative aged 55 or older providing care to a disabled adult aged 19 to 59.

# Senior Care Act (SCA) Programs

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## SCA

- Provides a critical early intervention component to the Kansas long term care network. The SCA program provides services in the customer's home, such as homemaker, chore, attendant care, and case management services. The services are designed to prevent premature nursing home placement for persons who have not exhausted their financial resources, unlike the HCBS-FE program. The program is targeted at those who are 60 years of age or older. Participant contributions are determined by a sliding fee scale based upon self-reported income and liquid assets for individuals served by the program.

# Medicare Related Grants

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## Senior Health Insurance Counseling for Kansas (SHICK)

- The Centers for Medicare & Medicaid Services (CMS) funds a nationwide network of State Health Insurance Assistance Programs (SHIPs). In Kansas, the SHIP is known as Senior Health Insurance Counseling for Kansas (SHICK). This counseling program helps Medicare beneficiaries with Medicare related questions/issues and navigate their way through Medicare benefits.

## Senior Medicare Patrol (SMP) Program

- The Kansas SMP project educates Kansas Medicare beneficiaries about health care error, fraud and abuse.



# Medicare Related Grants

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## Medicare Improvements for Patients and Providers Act (MIPPA)

- MIPPA provides enhanced outreach to eligible Medicare beneficiaries regarding their benefits. This outreach is to individuals who may be eligible for the Low-Income Subsidy (LIS), or the Medicare Savings Program (MSP). The program also provides expanded outreach and education to Medicare beneficiaries, their families and caregivers about Medicare Part D benefits and activities aimed at preventing disease and promoting wellness.