



**House Children and Seniors Committee  
Update on Medicaid Waivers  
1/25/2017**

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# Medicaid HCBS Waivers

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## The 7 HCBS Waiver Programs are:

- Autism, for children who begin receiving services before the age of 6
- Frail Elderly (FE), for individuals 65 years of age and older who need help with the tasks of daily life in order to remain in their homes
- Intellectual and Developmental Disability (IDD) for individuals over the age of 5 years
- Physical Disability (PD), for individuals age 16-64
- Serious Emotional Disturbance (SED) for individuals between the ages of 4 and 18
- Technology Assisted (TA), for individuals from birth to age 21
- Traumatic Brain Injury (TBI), for individuals between the ages of 16 and 64

# Autism Waiver

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The Autism Waiver provides support and training to parents of children with an Autism Spectrum Disorder (ASD) diagnosis to help ensure children with ASD can remain in their family home. Children with an appropriate diagnosis, made by a licensed MD or PhD Psychologist, can be found eligible for the Autism Waiver for three years. An exception for a fourth year of services can be requested from the Autism Program Manager at KDADS.

To be eligible for the Autism Waiver, an individual must meet the following criteria:

- Must be 0-5 years old;
- Diagnosed with an Autism Spectrum Disorder, Asperger's Syndrome, or a Pervasive Developmental Disorder—Not Otherwise Specified;
- Meet the level of care eligibility score;
- Be financially eligible for Medicaid.

# Autism Waiver

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KVC is the point of entry for the Autism Waiver. The Vineland II is the functional eligibility assessment that is completed by a functional eligibility specialist.

The Autism Waiver offers three services designed to support families. These services include:

- Respite Care
- Family Adjustment Counseling
- Parent Support and Training (peer to peer) Provider.

Additional Autism Services are available to all qualifying Medicaid recipients through the Medicaid State Plan. These services include:

- Interpersonal Communication Therapy
- Consultative Clinical and Therapeutic Services (Autism Specialist)
- Intensive Individual Supports

# Autism Waiver

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## Autism Waiver Proposed Recipient List:

- The Autism Waiver utilizes a “proposed recipient list” as a way to maintain a list of individuals with an appropriate diagnosis that have continued interest in receiving services associated with the Autism Waiver.
- The Proposed Recipient List varies from the IDD and PD waitlists in that proposed recipients have not yet been found functionally eligible for the waiver.
- Current number of children on the Proposed Recipient List is 272.
- KDADS is working on a plan to eliminate the Proposed Recipient List by conducting assessments and offering waiver services to eligible individuals.

# Frail Elderly (FE) Waiver

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The Frail Elderly (FE) Waiver provides Kansas seniors an alternative to nursing home care. The program promotes independence within the community and helps to offer residency in the most integrated environment. Services available include personal care, assistance with household tasks and health/medical services.

To be eligible for the FE Waiver, an individual must meet the following criteria:

- Must be 65 years old
- Be financially eligible for Medicaid
- Meet the Medicaid long-term care threshold.

The Aging and Disability Resource Centers (ADRCs) are the point of entry to the FE Waiver. The ADRC conducts the FE FAI assessment to determine functional eligibility for the FE Waiver.

The FE Waiver does not have a wait list for services.

# Intellectual/Developmental Disability (IDD) Waiver

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The IDD Waiver delivers community based services to individuals age five and older who have a developmental disability, meet the definition of intellectual disability and who are eligible for care in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID). Services are designed to help individuals with IDD maintain their physical and mental health in their home and community.

To be eligible for the IDD Waiver program, an individual must meet the following criteria:

- Must be 5 years of age or older;
- Have a diagnosis of intellectual disability made by a licensed healthcare professional before the age of 18;
- Have a diagnosis of developmental disability made by a licensed healthcare professional before the age of 22;
- Must be determined program eligible by the Community Developmental Disability Organization (CDDO);
- Meet the Medicaid long-term care threshold;
- Be financially eligible for Medicaid.

# Intellectual/Developmental Disability (IDD) Waiver

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Unlike the other waivers, there is a single point of entry for the HCBS I/DD waiver program in Kansas. The CDDO determines eligibility and will work with the participant and/or their family to access services from a variety of Community Service Providers in their area.

The BASIS is the assessment tool used to determine functional eligibility for the IDD Waiver.

The services offered on the IDD Waiver allow participants to live in the community as independently as possible in single-residence or group-home settings. Examples of services available include:

- Personal Care Assistance: help with bathing, toileting, laundry, light housekeeping and health-related care.
- Other services include day programs, medical-alert device rental, financial management services, sleep support, supportive employment and wellness monitoring.



# Intellectual/Developmental Disability (IDD) Waiver

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## I/DD Waiting List

- 8,954 individuals on the HCBS I/DD Program
- Current number of individuals on the Waiting List is 3,697
- 374 people were offered services in CY 2017

Individuals meeting established crisis criteria are provided services.

# Physical Disability (PD) Waiver

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The Physical Disability (PD) Waiver Program serves individuals age 16 to 65 years of age who meet the criteria for nursing facility placement due to their physical disability. Services available under the PD waiver program include personal and assistive services, sleep support, and medical alert device rental and personal emergency response systems, as well as installation of those systems.

To be eligible for the PD Waiver, an individual must meet the following criteria:

- Be at least 16 years of age, and no older than 65 years;
- Be determined disabled by the Social Security Administration;
- Need assistance to perform activities of daily living;
- Meet the Medicaid long-term care threshold;
- Be financially eligible for Medicaid.
- Services available under the PD waiver program include personal and assistive services, sleep support, and medical alert device rental and personal emergency response systems, as well as installation of those systems.

# Physical Disability (PD) Waiver

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The Aging and Disability Resource Centers (ADRCs) are the point of entry to the PD Waiver. The ADRC conducts the PD FAI assessment to determine functional eligibility for the PD Waiver.

## PD Waiting List

- 5,861 individuals on the HCBS PD Program
- Current number of individuals on the Waiting List is 1,560
- 1,162 people were offered services in CY 2017

Individuals meeting established crisis criteria are provided services.

# Serious Emotional Disturbance (SED) Waiver

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The Serious Emotional Disturbance (SED) waiver provides children with some mental health conditions special intensive support so that they may remain in their homes and communities. The term “serious emotional disturbance” (SED) refers to a diagnosed mental health condition that substantially disrupts a child’s ability to function socially, academically, and/or emotionally.

To be eligible for the SED waiver, an individual must meet the following criteria:

- Be ages 4-18 years old;
- Have a diagnosed mental health condition which substantially disrupts the ability to function socially, academically, and/or emotionally;
- Be at risk of inpatient psychiatric treatment;
- Be financially eligible for Medicaid;
- Meet CAFAS assessment threshold for eligibility.

# Serious Emotional Disturbance (SED) Waiver

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The Community Mental Health Centers (CMHCs) are the point of entry for the SED waiver. The CMHCs conduct the CAFAS assessment to determine functional eligibility.

Community Mental Health Centers (CMHCs) provide services covered by the program such as individual and group therapy, parent support and training, independent living skills to help waiver participants to continue their education and to eventually become employed and obtain transportation and housing.

- These services also include short-term respite care for the child's family caregivers and direct support in the form of attendant care.
- Children in this waiver program are provided with a wraparound facilitator who works with their families and providers to set treatment goals and decide on specific services for the children and their families.

The SED Waiver does not have a wait list for services.

# Technology Assisted (TA) Waiver

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The Technology Assisted (TA) waiver program serves individuals from birth through 21 years of age who are chronically ill or medically fragile and dependent upon a ventilator or other medical device to compensate for the loss of vital bodily function. Eligible individuals require substantial and on-going daily care by a nurse comparable to the level of care provided in a hospital setting to avert death or further disability.

- In addition to the medical technology dependency criteria, the child must meet nursing acuity needs criteria that identifies the level of skilled and unskilled care that is necessary to support the individual with care needs so that he/she may remain in his/her own home.

# Technology Assisted (TA) Waiver

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To be eligible for the TA Waiver, an individual must meet the following criteria:

- Meet the HCBS Technology Assisted Program definition;
- Require one or more of the identified primary medical technology(ies) and meet the minimum technology score for the specified age group;
- Meet the minimum nursing acuity level of care threshold for the specified age group;
- Be financially eligible for Medicaid.

There are multiple points of entry for the TA waiver including ADRC, hospitals, Children's Resource Connection, and the KDADS Program Manager. The MATLOC Eligibility Specialists determine functional eligibility via the MATLOC assessment.

The TA Waiver does not have a waitlist for services.

# Traumatic Brain Injury (TBI) Waiver

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The Traumatic Brain Injury (TBI) waiver program serves individuals 16 to 65 years of age who have sustained a traumatic brain injury and who would otherwise require institutionalization in a TBI rehabilitation facility.

- This waiver program provides the services needed after injury to ensure that individuals can stay in their homes and be as independent as possible in a safe, healthy environment.
- The TBI Program is not considered a long-term care program and is designed to be a rehabilitative program that provides therapies and services that allow the individual to improve and become able to rely less on supports as independence increases.



# Traumatic Brain Injury (TBI) Waiver

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- The brain injury must be traumatically-acquired, that is, caused by an external physical force, such as blunt or penetrating trauma or from accelerating-decelerating forces. The injury must temporarily or permanently impair an individual's behavioral, cognitive or physical functions.
- The common injuries resulting in trauma to the brain includes, but is not limited to, the following:
  - Falls, which involve a forceful blow to the head, not generally consistent with concussion or minor injury
  - Motor vehicle accidents with resulting head trauma
  - Struck by/against, including collision with a moving or stationary object
  - Assaults, repeated blows to the brain

# Traumatic Brain Injury (TBI) Waiver

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- If a traumatic brain injury is obtained prior to the age of 21 years, the individual may be considered developmentally disabled and will be referred to a CDDO prior to TBI screening. CDDOs are required to assess all persons with developmental disabilities for the IDD waiver program.

To be eligible for the TBI waiver, individuals must meet the following criteria:

- Have a traumatic brain injury and provide medical documentation to support the TBI;
- Be 16 to 65 years of age;
- Meet the criteria for TBI rehabilitation hospital placement (which is determined by the screening);
- Be financially eligible for Medicaid
- Be determined disabled or have a pending determination by the Social Security Administration;
- Have active rehabilitation needs.

# Traumatic Brain Injury (TBI) Waiver

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The ADRC is the point of entry to the TBI program. The ADRC conducts the TBI FAI to determine functional eligibility.

Services that can be offered under the TBI waiver program include rehabilitation therapies such as physical therapy and speech therapy, cognitive rehabilitation, personal services to assist in completing tasks of daily living, a medical-alert device, transitional living skills, home-delivered meal services and medication reminder services.

The TBI Waiver does not have a waitlist for services.

## December 2017 HCBS Monthly Summary

Data as of 01/16/2018

HCBS Program	Description of Services	Number of People Eligible to Receive HCBS Services		Number of People on Wait List	Number of Proposed Recipients
		Without MFP	MFP		
Autism	This program provides services to children with Autism to receive early intensive intervention treatment and allow primary caregivers to receive needed support through services.	55			272 (as of 12/31/17)
SED (Serious Emotional Disturbance)	The Home and Community Based Services (HCBS) Serious Emotional Disturbance (SED) Waiver serves as an alternative to inpatient psychiatric treatment for children and youth with mental health disorders.	3,247			
TA (Technology Assisted)	This program serves individuals who are age 0 through 21 years, chronically ill or medically fragile and dependent upon a ventilator or medical device to compensate for the loss of vital bodily function and require substantial and ongoing daily care by a nurse or other qualified caregiver under the supervision of a nurse to avert death or	501			
FE (Frail Elderly)	This program provides an option for Kansas seniors who receive Medicaid and qualify functionally to receive community based services as an alternative to nursing facility care. Services include personal care, household tasks, and health services.	4,757	55		
TBI (Traumatic Brain Injury)	This program is for individuals who have sustained a traumatic brain injury and provides rehabilitative services and the needed assistance after injury to insure that individuals can stay in their homes and be as independent as possible in a safe, healthy environment. The HCBS/TBI program serves individuals 16 years of age and	442	4		
I/DD (Intellectual and Developmental Disabilities)	This program serves individuals age 5 and older who meet the definition of intellectual disability or having a developmental disability or are eligible for care in an Intermediate Care Facility for people with Mental Retardation (ICF/MR).	8,954	21	3,697	
PD (Physical Disability)	This program serves individuals age 16 and older who meet the criteria for nursing facility placement due to their physical disability, who are determined disabled by social security standards, and who are Medicaid eligible.	5,861	97	1,560	