



Home and Community Based Services – Frail Elderly Waiver

Presented by: KDADS
Home and Community Based Services
Community Services & Programs
April 2015

Department for Aging & Disability Services

- ▶ Community Services and Programs (CSP) Commission
 - Behavioral Health
 - Severe Emotional Disturbed (SED) Waiver
 - Home and Community Based(HCBS) Waiver Programs
 - Autism
 - Frail Elderly (FE)
 - ICF-MR
 - Intellectual/ Developmentally Delayed (I/DD)
 - Physically Disabled (PD)
 - Technology Assisted (TA)
 - Traumatic Brain Injury (TBI)
 - Money Follows the Person (MFP)
 - PACE



HCBS Program Staff

- Aquila Jordan, Director
- Kimberly Pierson, Asst. HCBS Director/ TA Waiver Program Manager
- Program Staff
 - Jim DeCoursey, Physical Disability Waiver
 - John Barry, Autism and Frail Elderly Waivers
 - Greg Wintle, Intellectual/Developmental Disability Waiver
 - Ashley Kurtz, TBI Waiver and TBI Rehab Facility/Private and Public ICF-I/DD
 - Jeanne Frakes, PACE
 - Michael Horan, MFP
 - Laura Leistra, HCBS Liaison
 - Sam Slater, Quality Assurance and License Program Coordinator





Overview of Services >>



April 2015

Frail Elderly Program

▶ Purpose of Waiver

- Provides community based services as an alternative to nursing facility care
- Promotes independence in the community setting
- Ensures residency in the most integrated environment.

▶ Target Population

- Individuals age 65 years or older

- ▶ Adult Day Care
- ▶ Assistive Technology[^]
- ▶ Attendant Care Services
- ▶ Comprehensive Support[^]
- ▶ Financial Management Service
- ▶ Medication Reminder
- ▶ Nursing Evaluation Visit
- ▶ Oral Health[^]
- ▶ Personal Emergency Response
- ▶ Sleep Cycle Support^{*}
- ▶ Wellness monitoring

Program Purpose

Services/ Limitation

[^] indicates service is authorized as a crisis exception

Attendant Care (Provider Directed/Self-Directed)

- ▶ Designed to provide supervision and/or physical assistance with Instrumental Activities of Daily Living (IADLs) and Activities of Daily Living (ADLs)
- ▶ Three levels:
 - Level I
 - Level II
 - Level III

Attendant Care – Level I

▶ **Service A**

- Shopping, House Cleaning, Meal Preparation, Laundry

▶ **Service B**

- Medication Setup, cuing and reminding (supervision only)

▶ **ADLS – Attendant Supervises the Participant**

- Bathing, Grooming, Dressing, Toileting, Transferring, Walking/Mobility, Eating, Accompanying to obtain necessary medical services*

Attendant Care – Level II

- ▶ **Requires an initial Nurse Evaluation Visit**
- ▶ **Service C – ADLs physical assistance or total support**
 - Bathing, Grooming, Dressing, Toileting, Transferring, Walking/Mobility, Eating, Accompanying to obtain necessary medical services*
- ▶ **Service D – Health Maintenance Activities**
 - Monitoring vital signs, Supervision/Training of nursing procedures, Ostomy Care, Catheter Care, Enteral Nutrition, Wound Care, Range of Motion, Reporting changes in functions or condition, medication administration/assistance

Attendant Care – Level II

- ▶ Attendant who is a certified Home Health Aide or a Certified Nurse Aide shall may not:
 - Perform any Health Maintenance Activities without delegation by a Licensed Nurse
 - Perform acts beyond the scope of their curriculum/training without delegation by a Licensed Nurse

Attendant Care – Level III

- ▶ **Requires an initial Nurse Evaluation Visit**
- ▶ **ADLs – Supervision, physical assistance or total support**
 - Bathing, Grooming, Dressing, Toileting, Transferring, Walking/Mobility, Eating, Accompanying to obtain necessary medical services*
- ▶ **IADLs**
 - Shopping, House Cleaning, Meal Preparation, Laundry Medication Setup, curing and reminding

Attendant Care – Level III

▶ Health Maintenance Activities

- Monitoring vital signs
- Supervision and/or training of nursing procedures
- Ostomy Care, Catheter Care, Wound Care
- Enteral Nutrition
- Range of Motion
- Reporting changes in functions or condition
- Medication administration and assistance

Attendant Care – Level III

- ▶ Attendant who is a certified Home Health Aide or a Certified Nurse Aide may not:
 - Perform any Health Maintenance Activities without delegation by a Licensed Nurse
 - Perform acts beyond the scope of their curriculum/training without delegation by a Licensed Nurse

Attendant Care – Level I, II, III Limitations

- ▶ Attendant Care is limited to 48 units (12 hours) per day.
- ▶ Services may not be paid while participant is hospitalized or in a nursing facility.
- ▶ Covered services are limited to those authorized on the participant's Plan of Care (POC)
- ▶ More than one attendant will not be paid at any given time of the day.
- ▶ *Transportation is not covered as a service on Frail Elderly
 - If medically necessary it may be covered by the Medicaid State Plan through the Non-Emergency Medical Transportation Program

Attendant Care – Self-Directed

- ▶ Participant responsibilities under self-direction
 - Hiring, supervising, training and terminating direct service worker
 - Ensuring that the direct service worker is enrolled with FMS provider
 - All background checks and payroll requirements are completed

Attendant Care – Self-Direct Services

▶ IADLs

- Shopping, House Cleaning, Meal Preparation, Laundry, Medication Setup, cuing or reminding and treatments

▶ ADLs

- Bathing, Grooming, Dressing, Toileting, Transferring, Walking/Mobility, Eating, Accompanying to obtain necessary medical services*

Attendant Care – Self-Direct Services

▶ Health Maintenance Activities

- Monitoring Vital Signs
- Supervision and/or training of nursing procedures
- Ostomy Care
- Catheter Care
- Wound Care
- Enteral Care
- Range of Motion
- Reporting changes in functions or condition
- Medication administration and assistance

Attendant Care – Self-Direct Limitations

- ▶ Attendant Care services are limited to a maximum of 48 units (12 hours) per day
- ▶ Services may not be paid while participant is hospitalized or in a nursing facility.
- ▶ Covered services are limited to those services authorized on the Plan of Care (POC)
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Spousal Exception Policy

- ▶ **Family member of a participant may be paid to provide Attendant Care services.**
 - Unless they are the guardian, conservator, or activated DPOA
- ▶ **Spouses may not be paid to provide Attendant Care services unless they meet one of the four (4) exceptions**

Spousal Exceptions

1. Participant's residence is so remote/rural that HCBS services are otherwise completely unavailable
2. Health care professionals furnish written documentation that/how the participant's health, safety, or social well-being will be otherwise jeopardized
3. Due to the advancement of chronic disease the participant's means of communication can only be understood by the spouse
4. Delivery of services to the participant would pose serious health/safety issues for the provider, rendering HCBS services otherwise unavailable

Sleep Cycle Support

Self-Directed only

- ▶ Provides non-nursing physical assistance and/or supervision during the participant's normal sleeping hours in the participant's place of residence (excluding Adult Care Homes/Hospitals/Nursing Facilities)
- ▶ Sleep Cycle Support is only a self-directed service
- ▶ Participant's Responsibilities:
 - Making choices about Sleep Cycle Support
 - Hiring, Supervising, Training, Terminating the employment of direct support worker

Sleep Cycle Support – Self-Direct Limitations

- ▶ May not exceed 12 hours per 24 hour time period
- ▶ Limited to the assessed of hours identified on the participant's POC
- ▶ Period of service must be at least six (6) hours in length, but cannot exceed 12 hours within 24 hour timeframe

Service Worker Limitations

- ▶ All service workers must be 18 years of age or older
- ▶ Guardians, conservators, activated durable power of attorney (DPOA) may self-direct attendant care services and other services that allow a self-direct option as the participant's representative
- ▶ Guardians, conservators, activated DPOs may not choose themselves as paid support workers if they are self-directing services for the participant
- ▶ Must be enrolled in AuthentiCare
- ▶ If the direct service worker lives with the participant, the service worker may not be paid for activities that they would normally complete on a daily basis outside of providing support for the HCBS participant

FE Waiver Process

▶ Point of Entry

- ADRC or KDADS

▶ Functional Eligibility

- Assessment conducted by ADRC

▶ Program Eligibility

- Program eligibility is determined by the Vineland functional assessment and meet the of level of care criteria

▶ Waiting List

- No

▶ Process

- Individual requests HCBS/FE services with ADRC or MCO care coordinator
- ADRC conducts intake/ functional assessment
- ADRC submits completed assessments to KAMIS
- ADRC sends 3160 to for HCBS coding
- DCF determines Medicaid eligibility determination
- DCF communicates eligibility status to MCO
- MCO contacts consumer for needs assessment and plan of care development

Access/ Eligibility
Assessment

Non-Waiver Programs

- ▶ ICF-I/DD
 - Private intermediate care facility for individuals who have been determined to meet the I/DD definition
 - Admission to an ICF/ID facility is subject to KDADS approval
- ▶ MFP
 - Money Follows the Person is a Federal demonstration grant program to help residents of qualified institutional settings (ICF-MRs; NFs; PRTFs) transition back in to communities.
 - Target Population
 - Frail Elderly (FE); Intellectual/Developmental Disabilities (I/DD); Physically Disabled (PD); & Traumatic Brain Injured (TBI).
- ▶ PACE
 - A Medicare program and Medicaid state option provides community-based care to individuals over the age of 55 who would otherwise need a nursing-home level of care.
 - Target Population
 - Adults 55 and over

HCBS Program Access Resources

- ▶ **ADRC**– conducts functional eligibility assessment for (FE, PD and TBI)
 - Contact information: <http://www.ksadrc.org/> or at 1-855-200-2372
- ▶ **Program Manager** – John.Barry@kdads.ks.gov or 785-296-4986
- ▶ **Managed Care Organization (MCO)** – Care Coordinator, if currently receiving Medicaid
- ▶ **Department for Children & Families (DCF)** – Medicaid eligibility determination
 - <http://www.dcf.ks.gov/services/Pages/DCFOfficeLocatorMap.aspx> or 1-888-369-4777

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Questions?
Comments?

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