



Home and Community Based Services – Autism Waiver

Presented by: KDADS
Home and Community Based Services
Community Services & Programs
April 2015

Department for Aging & Disability Services

- ▶ Community Services and Programs (CSP) Commission
 - Behavioral Health
 - Severe Emotional Disturbed (SED) Waiver
 - Home and Community Based (HCBS) Waiver Programs
 - Autism
 - Frail Elderly (FE)
 - ICF-MR
 - Intellectual/ Developmentally Delayed (I/DD)
 - Physically Disabled (PD)
 - Technology Assisted (TA)
 - Traumatic Brain Injury (TBI)
 - Money Follows the Person (MFP)
 - PACE



HCBS Program Staff

- Aquila Jordan, Director
- Kimberly Pierson, Asst. HCBS Director/ TA Waiver Program Manager
- Program Staff
 - Jim DeCoursey, Physical Disability Waiver
 - John Barry, Autism, Frail Elderly Waivers
 - Greg Wintle, Intellectual/Developmental Disability Waiver
 - Ashley Kurtz, TBI Program and TBI Rehab Facility/Private and Public ICF-I/DD
 - Jeanne Frakes, PACE
 - Michael Horan, MFP
 - Laura Leistra, HCBS Liaison
 - Samantha Slater, Quality Assurance/ Licensing Program Coordinator



Autism Program

▶ Purpose of Waiver:

- Provides early intensive intervention services for children with diagnosis of autism.

▶ Target Population:

- Children age 0 through 5 years with diagnosis of an Autism Spectrum Disorder or PDD-NOS

▶ Program Limitations:

- Maximum of three (3) years
- Possibility of one (1) time, 1 year extension (4th year)
 - Based on Autism Specialist recommendation;
 - MCO recommendation; and
 - Program Manager approval
- Children on the Autism program may be eligible to transition to another waiver.
 - If the transitioning program has a waitlist, the child may bypass the waitlist pending program manager approval/program eligibility

Program Purpose

Program Limitation

Autism Waiver Process

▶ Point of Entry

- KVC, KDADS, MCO care coordinator (if already receiving Medicaid)

▶ Functional Eligibility

- Assessment conducted by KVC

▶ Program Eligibility

- Program manager provides final approval of program eligibility

▶ Waiting List

- No, “Proposed Recipient List”

▶ Process

- Family submits Preliminary Application to Autism Program Manager
- Program Manager notifies family when child placed on “proposed recipient list”
- Program Manager notifies family when services are offered.
- Program Manager sends referral to KVC for level of care assessment.
- Family completes/submits Medicaid paperwork to DCF.
- DCF notifies desired Managed Care Organization (MCO) and child begins services.

Access/ Eligibility
Assessment

“Proposed Recipient List”

- ▶ “Proposed Recipient List” is different from the Waitlists for other programs
- ▶ Preliminary Application is completed by family and signed by diagnosing M.D. or Psychologist
- ▶ Child is placed on “Proposed Recipient List”
- ▶ Once child is offered services family must submit diagnosis documentation (if they have not already)
- ▶ A referral will be sent to KVC for level of care assessment

Autism Waiver Program Eligibility

- ▶ **Kansas Resident**
- ▶ **Eligible for Kan-Be-Healthy (EPSDT) Program**
- ▶ **Medicaid Eligible**
- ▶ **Child between ages of birth (0) and five (5) years old**
- ▶ **Diagnosis by a licensed medical doctor or Ph.D. Psychologist of**
 - Autism Spectrum Disorder (ASD)
 - Asperger's
 - Pervasive Developmental Disorder – Not Otherwise Specified (PDD-NOS)
- ▶ **Meet the level of care eligibility guidelines when assessed by KVC**
- ▶ **Must utilize at least two (2) waiver services each month**

Autism Waiver Services

- ▶ **Consultative Clinical & Therapeutic Services (Autism Specialist)**
 - Assesses the goals for the child work towards based on the child's strengths and needs
 - Develops the Individual Behavioral Plan (IBP)/Plan of Care (POC) with the help of the family
 - Directs services/monitors services workers as the IBP/POC is carried out
- ▶ **Intensive Individual Supports (IIS)**
 - Assists the child in meeting goals
- ▶ **Interpersonal Communication Therapy**
- ▶ **Respite Care**
- ▶ **Parent Support & Training (peer to peer)**
- ▶ **Family Adjustment Counseling**

Consultative Clinical & Therapeutic Services (Autism Specialist)

- ▶ Meets with child/family and develops the Individualized Behavioral Plan/Plan of Care (IBP/POC).
- ▶ Meets with child/family and updates IBP/POC at least every six (6) months. Or based on the evolving goals/needs of the child/family.
- ▶ Service workers all work under the direction of the Autism Specialist.

Intensive Individual Supports

- ▶ Social skills to enhance participation in child's:
 - Family
 - School
 - Community
- ▶ Expressive language, receptive language, and non-verbal communication
- ▶ Fine gross motor skills
- ▶ Cognitive skills; play and academic skills

Interpersonal Communication Therapy

- ▶ Conversational skills
- ▶ Initiation of spontaneous communication in functional activities
- ▶ The comprehension of verbal/non-verbal interaction in social/community settings
- ▶ Communication for a range of social functions
- ▶ Development of a functional communication system

Respite Care

- ▶ Temporary supervision of the child designed to help both the caregiver and child
- ▶ Assistance with normal activities of daily living (ADLs)
- ▶ Support in home and community settings

Parent Support & Training (peer to peer)

- ▶ Designed to help the family provide a safe/supportive environment in the home and community for a child with ASD
- ▶ Specific problem solving skills
- ▶ Coping mechanisms
- ▶ Develop strategies for the child's symptom and behavior management

Family Adjustment Counseling

- ▶ Offers a supportive environment for entire family of a child with ASD to express emotions and learn ways to manage stress
- ▶ Allows families to ask questions about the disorder
- ▶ Communicates directly with the Autism Specialist the family's treatment plan; including frequency, length and duration of sessions

HCBS Program Access & Resources

- ▶ **Preliminary Application (KDADS website) –**
[http://www.kdads.ks.gov/commissions/csp/home-community-based-services-\(hcbs\)/program-list/autism](http://www.kdads.ks.gov/commissions/csp/home-community-based-services-(hcbs)/program-list/autism)
- ▶ **Autism Program Manager –** John.Barry@kdads.ks.gov or 785-296-4986
- ▶ **Department for Children & Families – Medicaid eligibility determination**
 - <http://www.dcf.ks.gov/services/Pages/DCFOfficeLocatorMap.aspx>
or 1-888-369-4777
- ▶ **KVC– Level of Care assessor for HCBS/Autism**
 - **Office Manager – Ellen Cleland:** ecleland@kvc.org or 913-956-5220

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Questions?
Comments?

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